

Recently died

Please pray for the eternal repose of the following:

Mr Norman Simons R.I.P. – The Funeral Service will be celebrated at St Mary of the Angels on Thursday 3rd December at 11.00am.

Baby Wilbur Colin Jones R.I.P. – The Funeral Service will be celebrated at Thornhill Crematorium on Thursday 3rd December at 12.00pm.

Mr Dudley Hurley R.I.P. – The Funeral Mass will be celebrated at Holy Family on Wednesday 9th December at 11.00am.

Mrs Patricia Actie R.I.P. – The Funeral Service will be celebrated at St Mary of the Angels on Thursday 10th December at 11.30am.

Eternal rest grant unto them O Lord and let perpetual light shine upon them. May they rest in peace. Amen.



Pray for the Sick

Holy Family: David Rogers, Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Collette Griffin, Vivian Miller, Valentine, Brian Webster, Henry Fernandez, Hanna Marengi, Mary Bodman, Susanna, Martin, Gary Sutton, Chris Collins, Louise Macpherson.

St Mary's: Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, John & Marian Lamb, Jean Hayman, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Margaret Griffiths, Tom Hopkins, Joanne Coakley, Helen Ward, Doreen Utley, Carina Foster, Maria Sullivan, Thomas Hyde (now living in Canada), Ivan Sadka, Mary D'Alpa, Richard Watson, Robert Partridge.

Sunday Readings continued:

I Corinthians 1:3-9.

In this First Letter to the Corinthians, Saint Paul has much to say concerning the failings of the community, but he begins his address with praise and encouragement. "The witness to Christ has indeed been strong among you so that you will not be without any of the gifts of the Spirit while you are waiting for our Lord Jesus Christ to be revealed." Paul has complete confidence in God's providence. Every Christian must learn to trust in what Christ has already achieved and in what Christ has promised will unfold in the days to come. "He will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful." What awaits us at the end of time provides a warning and an inspiration. Our journey through Advent should alert us to these same ingredients.

Mark 13:33-37.

"Stay awake!", says the Lord. The imagery is stark regarding the return of the Master of the House. "Be on your guard, stay awake, because you never know when the time will come." Just as at the end of the liturgical year so at the beginning of the next, the Season of Advent always commences with a consideration of why we must remain alert for the dawn of last day. Every day is to be a day of encounter with the Lord, who was, who is and who is to come. The doorkeeper must remain alert throughout the day - evening, midnight, cockcrow, dawn. The child who awaits the dawn of Christmas morning is unwilling to go to sleep. The Lord is not asking us to live life in a constant state of exhaustion, as a result of sleep deprivation, but he is asking that our mind and soul are imprinted with the mark of vigilant expectation.

Parish Contacts

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Parishes of St. Mary's and Holy Family
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Deacon Professor Maurice Scanlon

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Website: cardiffwestcatholics.org.uk

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

Account name: Archdiocese of Cardiff

Sort code: 20-18-23 (for both)

St Mary's Acc No: 03285375

Holy Family Acc No: 63656861

St Mary's SVP contact number 07731847622.

Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

Primary Headteachers:

Holy Family

Mrs Louise Mills Tel: 20565354

St. Mary's

Miss Claire Russell Tel: 2022 5680

Secondary Headteachers:

Corpus Christi

Mr Patrick Brunnock Tel: 20761893

Mary Immaculate

Mr Huw Powell Tel: 2059 3465

St David's 6th Form College

Mr Mark Leighfield Tel: 20498555

Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

29th November-5th December 2020 1st Sunday of Advent Cycle B

Readings for the 1st Sunday of Advent

Isaiah 63:16-17; 64:1, 3-6.

The liturgical year always concludes with a contemplation of the last things: death, judgement, heaven and hell. Over recent weeks we have reflected upon the fact that Christ will return in the fullness of his glory, the Lamb who sacrificed himself for the sake of the world is coming and will pass judgement upon the whole of creation. As we commence a new liturgical year with the Season of Advent, we may be tempted to think that now we are to simply focus on our preparations for the Christmas feast. Undoubtedly, we all have much to do in terms of the practicalities. In the midst of the 'rush', we must strive to keep our religious focus. The Season of Advent does not have just one point of reference, but three: the coming of Christ in history, beginning with the Lord's Nativity; the coming of Christ in sacramental mystery, our experience of Christ here and now; the coming of Christ in his majesty at the end of time. Our encounter with the Lord in the present moment will always be rooted in our understanding of the historical Incarnation and will always require a living expectation of his return in glory. Advent is the season of hope, but not merely the hope for the celebration of a happy feast on December 25th. Given our present circumstances, there is trepidation regarding how Christmas can be celebrated. The need for continuing vigilance will produce much imaginative adaptation. In our extract from the Book of Isaiah, we are listening to a voice from the era following Israel's return from exile in Babylon. The return from exile fostered great hope and expectancy. The people inevitably looked forward to a restoration of past glories and stability, however, the reality was very different. The returning elite found a land suffering a deep depression; impoverished by neglect, harassed by neighbouring tribes, contaminated by foreign secular cultural influences. The People of Israel were forced to confront their guilt for past infidelities: "We have all withered like leaves and our sins blew us away like the wind." Their willingness to reflect bore fruit. In the midst of the most challenging of circumstances, Israel learned how 'to wait'. This waiting was not a static emptiness, no mere pause. Israel learned that patience sharpens awareness and purifies expectation. "Return, Lord, for the sake of your servants, the tribes of your inheritance." As we begin our Advent journey may we nurture a spirit of reflection and expectation that connects past, present and future. "Lord, you are our Father; we the clay, you the potter, we are all the work of your hand."

Psalm 79.

God of hosts, bring us back; let your face shine on us and we shall be saved.

Readings continued on opposite page.

Holy Family Masses

Sunday: First Sunday of Advent (29th November)

6pm Vigil Mass Amalia Pegoraro
11am Fr Dewi Davies

Sunday: Second Sunday of Advent (6th Dec.)

6pm Vigil Mass William 'Billy' Brown
11am Catherine Bearwish

St Mary's Masses

Sunday: First Sunday of Advent (29th November)

10am Stan & Frances Trigg
12pm People of the Parish
6pm Margaret Driscoll

Monday: Feast of St Andrew, Apostle and Patron of Scotland (30th November)

9.30am Holy Souls
12.15pm Eddie & Stella Beaverstock

Tuesday of the first week of Advent (1st Dec)

9.30am Intentions of the Holy Father
12.15pm Forsey Family
7-8pm Adoration & Benediction

Wednesday of the first week of Advent (2nd Dec.)

9.30am Fr Ambrose Walsh
12.15pm Intentions of Hilary Coulson

Thursday: St Francis Xavier S.J. (3rd December)

9.30am Kathleen Teresa Lewis / Alan J Brown
11am Funeral Service for Mr Norman Simons
7-8pm Adoration & Benediction

Friday of the first week of Advent (4th Dec.)

9.30am Ashley Bastien
12.15pm Deceased members of the Clifford Family

Saturday of the first week of Advent (5th Dec.)

12.15pm Kathleen Lewis

Sunday: Second Sunday of Advent (6th December)

10am Michael Maher
12pm People of the Parish
6pm Sybil Durham

Angelus and Prayer During the Day live-streamed at 12pm daily. Evening Prayer live-streamed at 7pm daily except Sundays.

Tuesday & Thursday 7-8pm Adoration & Benediction (including Evening Prayer).

Confessions 10-11am Saturdays (South side-gate) and on request.

FEASTS OF THE WEEK

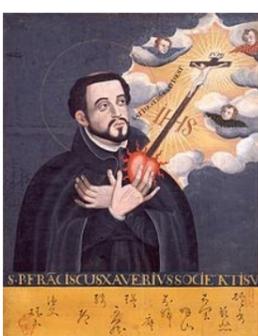
Monday 30th November – Feast: St Andrew, Apostle and Patron of Scotland

Andrew was the brother of Simon Peter and a native of Bethsaida/Capernaum. Together with his brother, he was a fisherman. The Synoptic Gospels tell us that Simon Peter and Andrew were the first disciples to be called by Christ. In John's Gospel we hear that Andrew was at first a disciple of John the Baptist. In reference to Christ, the Baptist declares "Behold the Lamb of God", and Andrew accepts an invitation to spend the day with Jesus. Following this experience, Andrew goes in search of his brother and tells him to come and see what he has discovered.

Andrew has a part to play in the account of the feeding of the 5,000 and is also involved with the episode where some Greeks wish to meet Jesus (John 12:20-22). Although we have no certainty as to where he exercised his Apostolic ministry after the Ascension of the Lord, the strongest traditions place him in Constantinople and Achaia (Greece). The firm tradition is that Andrew preached in Patras and that it was there that he was martyred, being put to death by crucifixion upon a cross of wood in the form of an X. In the year 357 the relics of the Saint Andrew were moved from Patras in Achaia to Constantinople, being deposited in the Church of the Apostles that had been built by the Emperor Constantine. After the fall of Constantinople in 1204, the Crusaders took Saint Andrew's body to Amalfi and his head to St Peter's in Rome. The latter was returned to Constantinople By Pope Saint Paul VI as a gesture of unity in connection with his meeting with the Orthodox Patriarch of Constantinople, Athenagoras. Andrew is Patron of Scotland based on an entirely unreliable tradition that his relics were taken from Patras to Fife (St Andrews) – perhaps it was the Apostle who invented golf!



Thursday 3rd December – Memoria: St Francis Xavier S.J., Priest



Francis was born in the year 1506 at the Castle of Javier (Xavier) in Navarre, northern Spain. He became a student at the University of Paris where he met Ignatius of Loyola, who was himself a native of the Basque region of Spain. Francis Xavier would be one of the seven who joined Ignatius as his first spiritual companions. They took vows at Montmartre in 1534 and were ordained to the priesthood three years later in Venice. The Society of Jesus was established upon these foundations. As well as addressing the Protestant threat in Europe, Ignatius had a clear vision regarding the missionary outreach of his newly established Society. Francis Xavier was sent to join Simon Rodriguez at Lisbon. Accepting the invitation of King John III of Portugal, in 1541 these two set sail for Goa on the west coast of India. Xavier was appointed as effective apostolic nuncio in the East. Francis Xavier reformed the Portuguese enclave of Goa and moved on South India, Shri Lanka, Malacca, the Molucca Islands and the Malay peninsula. He was remarkably effective in establishing well organised communities. He would periodically return to Goa, his administrative headquarters, so as to consolidate the network of his missions. In 1549 he set sail for Japan. By the time he returned to Goa in 1552 he had converted over 2000 Japanese to the Christian faith. His encounters with Japanese society and culture offer fascinating reading. The communities he established soon faced persecution, which was endured with great courage. A few generations later, clergy were prevented from entering Japan. Despite being deprived of the ministry of priests, the lay faithful of Japan persevered in the faith through baptism for over two hundred years. When missionaries returned to Japan in the nineteenth-century they found enduring communities of faith. It is interesting to note that the two greatest concentrations of Catholics were found in Hiroshima and Nagasaki. After spending a few months in Goa, Francis Xavier embarked upon a journey to China. Unfortunately he would die during this final missionary journey on the Chinese island of Chang-Chuen-Shan. His body was taken back to Goa. His right arm was sent to Rome as a relic in 1615, residing in what had become the Jesuit headquarters, the great Baroque Church of the Gesu. He was canonised by Pope Gregory XV in 1622 and declared the Patron of the Foreign Missions by Pope Pius XI in 1927.

NOVEMBER – THE MONTH OF REMEMBRANCE – PRAYERS FOR THE FAITHFUL DEPARTED

As November commences with the Solemnity of All Saints and the Commemoration of All the Faithful Departed, the entire month is traditionally dedicated to the offering of prayers for the dead. We should offer prayers daily for the faithful departed throughout the year, but at this time we recognise the opportunity to focus our attention on the connectivity between the Church in Heaven, in Purgatory and on Earth.

Psalm 130

Out of the depths I cry to you, O Lord, Lord hear my voice! O let your ears be attentive to the voice of my pleading. If you, O Lord, should mark our guilt, Lord, who would survive? But with you is found forgiveness: for this we revere you. My soul is waiting for the Lord, I count on his word. My soul is longing for the Lord more than watchmen for daybreak. Let the watchman count on daybreak and Israel on the Lord. Because with the Lord there is mercy and fullness of redemption; Israel indeed he will redeem from all its iniquity.

V. Eternal rest grant to them, O Lord.

R. And let perpetual light shine upon them.

V. May they rest in peace – and rise in glory.

R. Amen.

BABY WILBUR COLIN JONES R.I.P.

On behalf of both parish communities, I extend sincere condolences to Emily and Adam upon the death of their beloved Baby Wilbur just prior to his birth. The trauma they are experiencing is beyond description. We offer the assurance of our prayers for Baby Wilbur, who is already embraced by the Good Shepherd. We also pray for the comforting of Emily and Adam in the midst of their desolation, together with their immediate and extended families. We pray that our faith will confront and overwhelm the temptations of despair.

A French student, freshly graduated, was leaving his small university town. As the train departed for Paris, the only other passenger in the compartment was an elderly man dozing. He looked like a peasant. As the train jolted, some Rosary beads dropped from his hands on to the floor. The student kindly picked them up and handed them back: "I presume you are praying, Monsieur." "That is correct," replied the old man. "Do you really still believe in such a medieval thing as religion?" "Yes, I do. Don't you?" the old man responded. Full of the pride of youth and academe, the young intellectual saw his opportunity to advance the cause of Enlightenment. He rattled on about the virtues of atheism, rationalism and free thought. "I am surprised," he concluded brashly, "that in this day and age there are still people so superstitious. Our university professors no longer believe in such things." No doubt the old man would have been happier quietly saying his prayers, but he listened patiently. The student continued: "Take my advice. Throw the Rosary out of the window and learn what science has to say about it." "Science? I do not understand this science. Perhaps you can explain it to me," the old man said quietly. The student couldn't answer this directly, but he graciously offered to send the old man some illuminating books on the subject, to bring his thinking up to date. The train was drawing into a station, and the old man prepared to alight. "You may send your books to this address," he said, and he handed the student a business card which read: "Professeur Louis Pasteur, Légion d'Honneur, Académie de Médecine, Académie des Sciences, Directeur de l'Institut de la Recherche Scientifique, Paris."

CELEBRATING THE SACRAMENTS

We rejoice that our Candidates for First Holy Communion at St Mary's were able to celebrate their First Confession on Saturday 28th December. Our Candidates from Holy Family will celebrate their First Confession on Saturday 5th December. First Holy Communions will be celebrated across the Sundays of January 2021.

BOOKING SYSTEM FOR PLACES AT THE CHRISTMAS MASSES

Please book a place at one of the Christmas Masses that will be celebrated in both parishes. The stewards will take your name and telephone number after Mass today. The schedule of Masses will be as follows:

*** Thursday 24th December – Christmas Eve.

6.00pm Vigil Mass at [St Mary's](#).

6.00pm Vigil Mass at Holy Family.

9.00pm Night Mass at St Mary's.

*** Friday 25th December – Christmas Day.

10.00am Mass at St Mary's.

10.00am Mass at Holy Family.

12.00pm Mass at St Mary's.

12.00pm Mass at Holy Family.

*** The Mass schedule for Saturday 26th and Sunday 27th will be as normal.

MORE STEWARDS REQUIRED

Our cohort of stewards at both churches have all been true stalwarts in their service to our parish communities over recent months. Inevitably, our established pattern of operation is going to remain the norm for the foreseeable future. The contribution of our stewards is critical to enabling access to the celebration of Mass and the other sacraments. We must expand the number of stewards to alleviate the pressure on those who are currently active.

COULD I ASK FOR MORE VOLUNTEERS TO STEP FORWARD TO ASSIST IN BOTH OUR PARISHES.

The necessary training can now be undertaken on-line, though we will provide on-site training for those who cannot access the internet. Could new volunteers please contact Fr Nicholas or myself for details.

MASS INTENTIONS

Please note that there are no available Mass intentions in either parish until January.

ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND
REMINDE OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY IF WE EVER EXPECT
TO RECEIVE MERCY.

PRAYER FOR WALES

O Almighty God, who in your infinite goodness have sent your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve you, have mercy on your people who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by your divine Son: that, acknowledging her authority and obeying her voice, they may serve you, love you, and worship you as you desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

FINANCE & PROPERTY

Parish Offertory Collection at St Mary's amounted to £ 441.13

St Mary's Standing Orders per week amount to £ 600.00

Parish Offertory Collection at Holy Family amounted to £ 358.10

Holy Family Standing Orders per week amount to £ 250.00

WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

A NOTE FROM DEACON MAURICE

- 1) I am hoping to raise money to help those in need in our community over the winter months. The fund will be used for such things as food parcels, Christmas hampers, children's toys and food vouchers. We are also looking into the possibility of starting a temporary food bank based at St Mary's to complement that which is already in operation through Phil and Helen Smith ('Feeding Fairwater') at Holy Family. If you are willing and able to contribute to this fund please contact me on 07747038274 or email: mfscanlon@hotmail.co.uk or contact either Canon Peter/Fr Nick.
- 2) If you can donate food items (Tinned meals, soup, vegetables, chopped tomatoes and/or cereals, long life milk, biscuits, crisps, squash etc) please contact us as above or Phil Smith on 07929966298 or bring along to St Mary's priory. With many thanks for your ongoing generosity in these troubled times. God bless you all and keep safe and patient.

RED MISSION BOXES

St Mary's Would all holders of red Mission boxes please count and bag the contents of your boxes, writing your name, parish and the total amount on a slip of paper in the bag. These can then be returned to church after Mass or delivered directly to the Priory. Many thanks for your assistance.

Holy Family From Phil Smith: Box holders can either bring the boxes, or ideally the counted contents to Mass on Saturday or Sunday up until Christmas, or contact me on 07305571513 or 02920306210 email pwsprint@hotmail.co.uk and I will collect them from their homes, keeping a safe distance and following Covid guidelines. Anyone who wishes to become a box holder should contact me. If any one should wish to make a one off donation it would be gratefully received.

2021 EDITION OF THE ARCHDIOCESAN AND PROVINCIAL DIRECTORY AND YEARBOOK

Copies of the 2021 Directory and Yearbook are now on sale for £3.00. Every Catholic home should have a copy!

Material from CAFOD

Copies of the 'World Gifts' Catalogue are available. The catalogue describes the opportunities for donations to CAFOD to assist with the following categories:

Gifts relating to Education and Skills Training

Gifts of Water

Gifts for Climate Heroes

Gifts to help in Emergencies

Gifts for Growing a Future

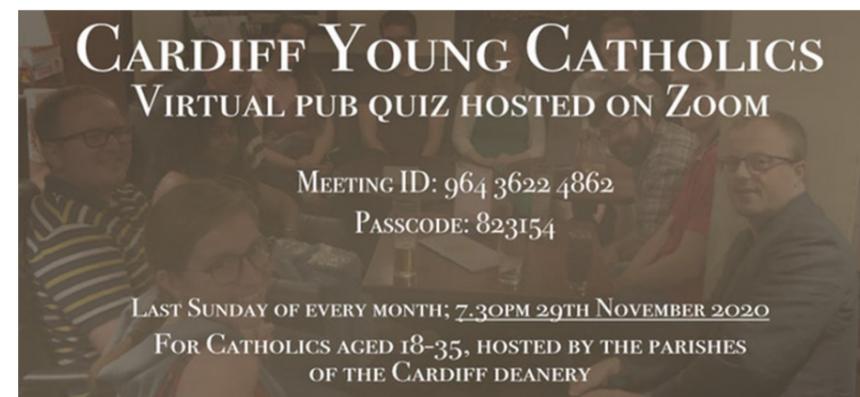
Gifts for Animal Lovers

A NEW RESIDENT AT THE PRIORY - REVEREND FATHER DWAYNE BEDNAR

I was recently asked by the Archbishop to provide accommodation for Fr Dwayne, who is currently assisting Canon William Isaac at St Teilo's in Whitchurch and Our Lady of Lourdes in Gabalfa. Canon Isaac is currently anticipating major surgery. Fr Dwayne was born in Cleveland, Ohio, U.S.A., the youngest of four children. His grandparents were Polish immigrants. His sisters are identical twins: Judy has four children and Joyce has six. His brother, Jerry, is also a priest and is currently Vice-Rector of St Mary's Seminary in Cleveland. Fr Dwayne first read economics at the University of Notre Dame. Following graduation, he went to Cracow in Poland to undertake a course to improve his Polish language skills. In 1986 he was accepted for seminary formation and was a student at the Catholic University of Lublin. Since ordination he has worked in Lviv (Ukraine), back in his home city of Cleveland and at Westminster Cathedral in London. Most recently he has served in St Anthony's Parish in Lublin. He is currently working on a book of reflections based on the Cycle of Sunday Readings. We are delighted to welcome Fr Dwayne into the Priory Community for the next few months.

The Year of the God Who Speaks November 29th 2020 – January 23rd 2022

This Sunday, November 29th is the First Sunday of Advent. It is also the start of the extended Year of the God Who Speaks, which will now run from today until Sunday, January 23rd 2022, the Sunday of the Word. This year, it is **Mark's Gospel** which will be the focus. Copies of the special edition of [Mark's Gospel](#) can be ordered [here](#). You can also download the free **Fish with Mark** poster and our **Whistle-stop Tour of Mark's gospel** poster here - <https://www.godwhospeaks.uk/the-god-who-speaks/bible-society/>



ST VINCENT'S, THE SVP COMMUNITY SHOP in Tremorfa, is seeking volunteers to help with several tasks but mainly sorting donations of clothing, toys, books and household objects. Any volunteer with an ability to help with minor 'odd-jobs' would also be welcome. If you are able to give a few hours or more per week, please phone the manager, Anna Styles, on 029 2049 0124.

A NEW BOOK ON LOCAL HISTORY

Mr Mike Crocker has written and published a book entitled "The Story of Little Ireland: Newtown, Cardiff." Fairwater was one of the new zones created to accommodate the redistributed population of Newtown. For more information contact the author on 07503 875009. There is a Facebook connection 'Newtown and the Irish in Cardiff'.