

RECENTLY DIED

Please pray for the eternal repose of the following:

Mrs Margaret Harper R.I.P. – The Funeral Mass will be celebrated at St Mary's on Friday 4th June at 10.00am.

Mr John Petersen R.I.P. – The Funeral Mass will be celebrated at Holy Family on Friday 4th June at 2.00pm.

Eternal rest grant unto them,

O Lord,

and let perpetual light shine upon them.

May they rest in peace.

Amen.



CELEBRATING THE MOST HOLY TRINITY

THE PRAYER TO THE HOLY SPIRIT.

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

V. Let us pray: O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord.

R. Amen.

THE SEVEN GIFTS OF THE HOLY SPIRIT.

Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence, the Spirit of Wonder and Awe in the presence of God.

THE TWELVE FRUITS OF THE HOLY SPIRIT.

Charity, Joy, Peace, Patience, Goodness, Kindness, Long-suffering, Mildness, Faith, Modesty, Self-control, Chastity.

Pray for the Sick

Holy Family: Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Collette Griffin, Vivian Miller, Valentine, Brian Webster, Henry Fernandez, Hanna Marengi, Mary Bodman, Susanna, Martin, Chris Collins, Sharon Dobson.

St Mary's: Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, John Barry, Joseph Stancombe.

Readings continued

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. Alleluia!

Matthew 28:16-20.

We listen to the conclusion to Matthew's Gospel where the Risen Lord encounters and addresses his disciples, in Galilee "on the mountain where Jesus had arranged to meet them." In the writings of Paul, we find the primitive baptismal formula of being baptised in the name of Jesus. By the time the Gospels are written we hear the fully developed trinitarian formula. Through the resurrection, Christ has revealed the fullness of his identity together with the full scope of his authority. "All authority in heaven and on earth has been given to me." With authority, Jesus commissions and empowers his disciples to address the world. "Go therefore, make disciples of all the nations; baptise them IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT." Everything that was entrusted to Jesus Christ, the Divine Word made Flesh, Son of the Eternal Father, is now entrusted to the Church. We must teach what Christ taught and we must reveal to the world the abiding presence of the Redeemer in the life of the Church, until the end of time.

THE SEQUENCE.

Holy Spirit, Lord of light, from the clear celestial height thy pure beaming radiance give.

Come, thou father of the poor, come with treasures which endure; come, thou light of all that live!

Thou, of all consolers best, thou, the soul's delightful guest, dost refreshing peace bestow.

Thou in toil art comfort sweet; pleasant coolness in the heat; solace in the midst of woe.

Light immortal, light divine, visit thou these hearts of thine, and our inmost being fill.

If thou take thy grace away, nothing pure in man will stay; all his good is turned to ill.

Heal our wounds, our strength renew; on our dryness pour thy dew; wash the stains of guilt away.

Bend the stubborn heart and will; melt the frozen, warm the chill; guide the steps that go astray.

Thou on us who evermore thee confess and thee adore, with thy sevenfold gifts descend.

Give us comfort when we die; give us life with thee on high; give us joys that never end.

Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

30th May-6th June 2021 Trinity Sunday (Cycle B)

Holy Family Masses

Sunday: The Most Holy Trinity (30th May)

6pm Vigil Mass John Petersen

11am Canon Patrick Daly

Thursday:

9.30am John Petersen (PUBLIC ACCESS)

Friday:

2pm Funeral Mass for Mr John Petersen

Sunday: The Body and Blood of Our Lord Jesus Christ (Corpus Christi) (6th June)

6pm Vigil Mass Michael McMahan

11am Catherine Bearwish

St Mary's Masses

Sunday: The Most Holy Trinity (30th May)

10am Mary, Arthur & John Sparkes

12pm Mary D'Alpa (Good Health)

6pm Peace in the World

Monday: Visitation of the Blessed Virgin Mary (31st May)

9.30am Maria & David Lewis

12.15pm Bethel Dumpa RIP

Tuesday: St Justin, Martyr (1st June)

9.30am Holy Souls (PUBLIC ACCESS)

12.15pm Michael & Olive Lynch

7-8pm Adoration & Benediction

Wednesday: Weekday in Ordinary Time (2nd June)

9.30am Maisie Molloy

12.15pm Doreen Utley

Thursday: St Charles Lwanga & Companions, Martyrs (3rd June)

12.15pm Persecuted Christians throughout the World

7-8pm Adoration & Benediction

Friday: Weekday in Ordinary Time (4th June)

10am Funeral Mass for Mrs Margaret Harper

12.15pm S Sueref

Saturday: St Boniface, Bishop & Martyr (5th June)

12.15pm Elaine Chapman

Sunday: The Body and Blood of Our Lord Jesus Christ (Corpus Christi) (6th June)

10am Margaret (Peggy), Andrew & Pat Dooley

12pm John Petersen

6pm

The Angelus and Prayer During the Day live-streamed at 12pm daily. Evening Prayer live-streamed at 7pm daily except Sundays. Tuesday and Thursday 7-8pm Adoration & Benediction (including Evening Prayer). Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.

Readings for the Solemnity of the Most Holy Trinity

Deuteronomy 4:32-34, 39-40.

If someone were to suggest we read the Book of Deuteronomy we would probably interpret the task as some kind of penance. We too easily think of Deuteronomy as a tedious book of laws and minute regulations. An actual reading of the full text will readily reveal the threads of love which constitute the true thematic content. God's revelation of himself and his will in Law is an act of love, and man's response in obedience is also one of love. "Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today, so that you and your children may prosper and live long in the land that the Lord your God gives you for ever." The People of Israel were a 'Chosen People', granted the privilege of knowing the one, true and eternal God. Only in Jesus Christ is the one God fully revealed as a Trinity of Persons. Israel had received an invitation to experience the intimate life of God but the fullness of that life, the intimacy of full knowledge, is only revealed when the Divine Word takes on flesh.

Psalms 32.

Happy the people the Lord has chosen as his own.

Romans 8:14-17.

Our engagement with the Holy Trinity must not be approached as if we were attempting to understand a mathematical puzzle. The Holy Spirit enables us to cry out with the very words of Christ, "Abba, Father". The Hebrews employed a number of 'names' or 'descriptors' to guide their understanding of God. The Hebrew word 'EL' can be translated as 'The Deity', God in terms of his power and the distinctiveness of his divine nature. The Hebrew word 'Elohim' is the plural form, but not in terms of signifying a multiplicity of 'gods' but rather the One God who possesses all the divine attributes. The Hebrew word 'Adon' describes God as 'Sovereign' or 'Lord', indicating the right and rule of divine authority. Across the writings of the Old Testament there are many descriptions of God: EL SHADDAI – God of the Mountain (symbolic changelessness or enduring strength); EL ELYON – God most High; EL ROI – All-seeing God; EL OLAM – Everlasting God. God is THE HOLY ONE and LORD OF HOSTS. ABOVE ALL HE IS - Y A H W E H – FROM THE HEBREW VERB 'TO BE' – I AM (THE GOD OF THE ETERNAL PRESENT). Moses hears God describe Himself thus from the midst of the bush that appears to be burning but is not consumed. Across the writings of the New Testament, we hear that the Lord God Yahweh can be understood and approached as ABBA – (certainly not the pop-group) not the formality of 'Father' but quite literally 'Dad'. This intimacy of familial familiarity is used without any implication of a diminution in either dignity or sovereignty. The use by Jesus of this term, this name, ABBA, is so startling and unique that it was never translated into Greek by the authors of the New Testament, they simply employ the Aramaic word as spoken by Jesus. Because we live in Christ, we are granted the privilege of addressing God as our Father, indeed as Abba. By passing through the waters of baptism, we are taken up into the life, death and resurrection of Christ. His history is our history and we have become heirs to God's promises in Christ, co-heirs with Christ. The Spirit of God is the Spirit of Christ and in the same Spirit we are 'Children of God'.

Continued opposite

Feasts of the Week

Monday 31st May – Feast: The Visitation of the Blessed Virgin Mary.

The formality of celebrating the Visitation as a liturgical feast was instituted in 1389 by Pope Urban VI as a means to ending and healing the ‘Great Western Schism’. The schism had been caused by the political intrigues, rather than any theological implications, perpetrated as a result of moving the Papacy from Rome to Avignon. The feast was originally inserted into the Roman Calendar on July 2nd but was later placed on May 31st to better reflect the time-frame between the celebrations of the Annunciation and the Birth of John the Baptist. Mary set out from Nazareth in Galilee for a town in the hill-country of Judah, probably just a few miles to the west of Jerusalem. This constituted a significant journey for a young woman. When the expectant-Mother Mary encounters the expectant-Mother Elizabeth the exchange of greetings takes place that we know so well. We hear the joyful proclamations of the ‘Hail Mary’ by Saint Elizabeth and the exultant tones of ‘The Magnificat’ by the Blessed Virgin Mary.



Tuesday 1st June – Memoria: St Justin, Martyr.

Justin was born at Nablus, ancient Shechem, in Samaria-Palestine around the year 100 AD. He was born into a pagan family with Greek origins. He studied the classical arts at Ephesus and Alexandria, becoming a student of philosophy. He was already an acknowledged scholar when he converted to Christianity at the age of thirty-three. It was the philosophy of Platonism that had captured his intellectual interest and its precepts opened his heart and mind to the glories of revealed faith. Alexandria was the centre of the Platonist school. Following his conversion, Justin remained a philosopher but dedicated the rest of his life to the promulgation and defence of the Christian faith. He worked across Asia Minor (Turkey) and moved to Rome around the year 150 AD.

Justin is the most important Christian Apologist of the second century. We have original copies of his works and they constitute the earliest examples of Christian philosophical writings. We know of two of his great ‘Apologias’ which outline the moral values taught by Christianity, one was addressed to the Emperor Antoninus and the other was addressed to The Roman Senate. We also have a Dialogue with Trypho, a Jewish intellectual. In 165 AD, having bettered the Cynic philosophers in debate, Justin found himself condemned for his Christian faith. His arrest took place during the reign of Marcus Aurelius. Following arrest, he was commanded to offer sacrifices to the Roman gods, but he responded by saying that “no right-minded man forsakes truth for falsehood.” Original authentic accounts of his condemnation and death survive. Justin was put to death for the faith in the company of six steadfast companions. We invoke the intercession of Justin as we strive to engage our brothers and sisters in this age of cynical atheism.

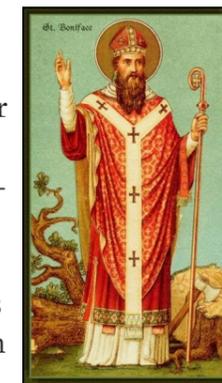
Thursday 3rd June – Memoria: St Charles Lwanga and Companions, Martyrs.

King Mtesa of Uganda had granted permission for the White Fathers to preach the faith. However, in 1885 King Mwanga succeeded to the throne and he immediately unleashed a persecution against “all those who pray”, that is the Catholics. The King made a point of attacking those among the elite who had converted to the Christian faith. Charles Lwanga was a young member of the elite, the chief of the royal retinue of pages. Charles exhorted his companions to hold fast to their faith. He was the first of twelve to be burned alive on the 3rd June 1886. Many others were martyred over the following year. These martyrs were beatified in 1920 and canonized in 1964. Pope Saint Paul VI declared that these martyrs of Uganda represented the powerful witness of a ‘young and free’ Africa.



Saturday 5th June – Memoria: St Boniface.

Saint Boniface was baptised with the name of Winfred. He was born in or near Crediton in Devon in the year 680 AD. From the age of thirteen he was educated at the Benedictine monastery in Exeter. He became a monk at Exeter but later transferred to the monastery of Nursling near Winchester. He became a renowned teacher and was ordained to the priesthood in the year 710 AD. With the permission of his Abbot, Boniface left the monastery in 716 AD in order to undertake a preaching mission to the pagan peoples of Friesland. This first sojourn was rather fruitless and so he returned to his monastery where he was soon elected Abbot. Boniface still harboured a strong desire to preach to the ‘idolators’ and so he soon resigned his post as Abbot, making his way to Rome to implore Pope Gregory II to grant him permission to undertake another preaching pilgrimage. Permission was granted and he was ordained a bishop. He made his way to what is now Germany, choosing Mainz as his base and episcopal See. Boniface went on to establish a number of other dioceses across the region. He returned to Friesland to further his mission there but on the 5th June 755 AD Boniface was martyred by the people he sought to convert. He is far better known and revered in Germany than here.



BURGLARY AT ARUNDEL CASTLE

The Duke of Norfolk suffered a burglary at Arundel Castle last weekend when a number of significant historical items were stolen, including the gold Rosary carried by Mary Queen of Scots to her execution in 1587. The Castle, situated in West Sussex, is the historic seat of the Catholic Howard family. The Duke of Norfolk is the Premier Duke of the United Kingdom and holds the title of Earl Marshal of England. In this latter capacity, the Duke has responsibility for organising major State occasions, including the Coronation of the Monarch. Amongst the items taken were ‘Coronation Cups’, gifted by a succession of Monarchs to their Earl Marshal. Whilst serving as Cathedral Dean, I twice visited Arundel. The Cathedral Deans circulate the country for our annual meetings. During both our conferences in Arundel we were hosted at the Castle by the Duke himself who guided us through the private collections. The Howard family have preserved many items that hold particular significance for our Catholic heritage. Let us hope and pray that the stolen artefacts are found and safely returned.



SACRAMENTAL PREPARATION PROGRAMMES

I have now met with parents and candidates in both parishes regarding the celebrations of First Reconciliation, First Holy Communion and Confirmation. These preliminary meetings have initiated the process of preparation. On-going restrictions continue to frustrate our desire for more direct contact and input. Please keep the candidates and their parents in your prayers over the coming months. These three sacraments of initiation will be celebrated in late September and throughout October, with detailed dates to be established soon.

*** I am currently meeting some parents and children from last year's cohort who are yet to celebrate First Reconciliation and First Communion.

RETURNING TO MASS

The Spring Plenary Session of the Bishops' Conference of England and Wales took place between the 19th and 22nd of April. The bishops engaged with their sequence of meetings via internet connection. The Conference issued a document entitled 'The Day of the Lord'.

The bishops reflected upon the creative and diverse methods employed in parishes to maintain contact and sustain outreach during the lockdowns. Although we cannot predict the exact pace of our emergence from pandemic restrictions, the bishops encourage reflection on how we face the challenge of encouraging parish communities back to the practice of the faith.

"It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist.

"The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

"We face the task of seeking to nurture the sense of Sunday as 'a weekly gift from God to his people', and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed."

MASS INTENTIONS

There are a number of Mass intentions available at the moment, particularly for weekday Masses. Why not take this opportunity to have a Mass said for a family member or simply a private intention?

Recommencing the Celebration of Baptisms

I have recently recommenced the Preparation Programme for Baptisms and I am pleased to announce that we now have permission to celebrate Baptisms once again. I ask that new parents contact me by telephone at their convenience to make appropriate arrangements.

PLANNING FOR THE FUTURE

Whilst maintaining his pastoral responsibilities in our parishes, Fr Nicholas is busily preparing for his transfer to the University Chaplaincy in September. I have already had preliminary meetings with my fellow parish clergy regarding the future and I have also been in conversation with the Archbishop. September will bring some immediate changes to the parish timetable and there will be other significant implications for parish life as things unfold in the months beyond. Although I arrived in our two parishes in September 2019, I have not yet had the opportunity to reveal my vision for the future. All of us will need to engage with the processes of reflection, consultation and planning our strategies. Our first duty is to commit the entire project to prayer. The future will be challenging but also exciting. Following wise deliberation, let us proceed with confidence.

SAFEGUARDING APPOINTMENT

The Catholic Church in England and Wales is in the process of restructuring its safeguarding network. Our new national body is the Catholic Safeguarding Standards Agency (CSSA). This past week brought the announcement of the appointment of Mr Nazir Afzal as Chair. He is the former Chief Crown Prosecutor in the recent Rochdale grooming cases. Mr Afzal has served as Chief Crown Prosecutor for the North West of England and was Director of the C.P.S. in the London District. He was also the Chief Executive of the National Agency for Police and Crime Commissioners. Mr Afzal has been involved in many high-profile cases and brings an immense breadth of experience and expertise to the role. The Bishops' Conference has also appointed Mr Stephen Ashley as Deputy Chair of the CSSA. Mr Ashley is a former Assistant Chief Constable.

MEETING WITH THE NEWLY APPOINTED HONORARY ITALIAN VICE-CONSUL

The upper floor of our building that faces King's Road is currently rented by the Office of the Honorary Italian Vice-Consul. The current rent is just £4,000 per annum. Following the recent appointment of a new Honorary Vice-Consul, I arranged to meet her last Wednesday together with her predecessor. The Vice-Consulate has not functioned normally over the past year for obvious reasons. We discussed the future of the building and its occupancy. The meeting was most fruitful. The Vice-Consulate will re-open for public access at the beginning of July. With the assistance of diocesan officers, we will establish a new formal rental agreement that will be renewed on an annual basis. Although there is no imminent prospect of re-development, the sharing of intentions was appropriate and necessary.

PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND
REMINDE OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY
IF WE EVER EXPECT TO RECEIVE MERCY.

ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

PRAYER FOR WALES

O Almighty God, who in your infinite goodness have sent your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve you, have mercy on your people who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by your divine Son: that, acknowledging her authority and obeying her voice, they may serve you, love you, and worship you as you desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary,

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary,

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary,

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

PRAYERS FOR THE CATHOLIC CHURCH IN CHINA

I ask your prayers for our fellow Catholics in China who continue to suffer persecution, despite the provisional agreement between the Vatican and the Communist Government that was formalised in 2018. Authorities in Northern China arrested Bishop Joseph Zhang Weizhu of Xinxiang on the 21st May, together with his seven priests and ten seminarians. Bishop Zhang has over 100,000 Catholics in his diocese.

FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:

23rd May - £568.01

St Mary's Standing Orders per week amount to £ 600.00

Parish Offertory Collection at Holy Family:

23rd May - £261.75

Holy Family Standing Orders per week amount to £ 250.00

WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

COPIES OF 'THE UNIVERSE' ARE ON SALE FOR £2.40

GIFT AID ENVELOPES FOR THE NEW FINANCIAL YEAR

Envelopes are available for collection in both parishes. Please collect them from the church if possible.

BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

Account name: Archdiocese of Cardiff

Sort code: 20-18-23 (for both)

St Mary's Acc No: 03285375

Holy Family Acc No: 63656861

SITE MEETING AT ST MARY'S HALL

On Thursday I hosted a site meeting at St Mary's Hall with Mr Christopher Jones, our Archdiocesan Project Manager. We are now in a position to proceed with the redevelopment of the toilet facilities in the Hall, using the £35,000 grant we received from a Charitable Trust. Deacon Maurice was instrumental in obtaining this funding in relation to the Night Shelter Project. It is my intention to examine in the near future how we might redevelop that part of the building that faces King's Road so as to generate a significant and sustainable income for the Parish. I will discuss these matters with the Parish Council and Finance Committee when we are able to convene 'actual' as opposed to 'virtual' meetings.

SITE MEETING AT ST MARY'S CHURCH

Following our meeting at St Mary's Hall, Christopher and I examined the external floor area at the front of St Mary's Church. We determined that we need to replace the deteriorating tarmac and concrete. The most appropriate option would be to use stone that is in-keeping with the building. I will progress all necessary consultations as soon as possible. These maintenance matters remind us of the on-going financial pressures facing our parishes alongside all others across the Archdiocese.

FROM DEACON MAURICE – UPDATE AND APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. (mfscanlon@hotmail.co.uk or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: mfscanlon@hotmail.co.uk or Neil O'Toole on 07860647367 or email: neilgot@me.com Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff
CF11 9BX tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family
new email address is: canton@rcadc.org

Canon Peter Collins

e-mail: peter.collins@rcadc.org

Fr Nick Williams

e-mail: nicholas.williams@rcadc.org

Deacon Professor Maurice Scanlon

e-mail: maurice.scanlon@rcadc.org

tel (029) 2021 2651

Deacon Christian Mahoney

Contact details to follow

Retired Priest in Residence at Holy Family:

Monsignor Canon John Maguire

Website: cardiffwestcatholics.org.uk

St Mary's SVP contact number 07731847622.

Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

Primary Headteachers:

Holy Family

Mrs Louise Mills Tel: 20565354

St. Mary's

Miss Claire Russell Tel: 2022 5680

Secondary Headteachers:

Corpus Christi

Mr Patrick Brunnock Tel: 20761893

Mary Immaculate

Mr Huw Powell Tel: 2059 3465

St David's 6th Form College

Mr Mark Leighfield Tel: 20498555

The letter below is from St David's College. If you are interested obtaining new skills and you meet the criteria highlighted in bold, then contact St David's directly on 029 20498555.

Adult Education at St David's Catholic College

Dear all,

We would like to warmly invite you to be part of a new initiative we are starting at St David's Catholic College. Since our formation as a sixth form college we have always been grateful for our record of putting gospel values first, putting our service to the poor as a top priority and ensuring the young people in our care are well rounded, informed and able to realise the fullness of Christian life.

We know however, that the formation of individuals does not stop at the age of 18 and 19 and as the past 12 months have shown, we cannot underestimate how rapidly things can change in all of our lives. So thanks to the support of the Archdiocese and your parishes we are beginning a new project to deliver free adult education courses in parishes.

Working with your parish and beginning at St Peter's Parish Hall in Roath, we will be delivering flexible part-time courses that will allow those of you wishing to gain new skills or start a new career, to gain qualifications flexibly, at a time that works well for you. Funded by the Welsh Government we are delivering Personal Learning Accounts and we are starting by delivering a new ICT course for those of you wishing to obtain new skills in computers and ICT.

So if you or someone you know are currently furloughed, on a low income, on a zero hours contract, work for an agency or work in a sector of the economy that has been adversely affected by the coronavirus pandemic, then consider getting in touch.

As Catholics we believe in the dignity that work brings, so if you or someone you know needs a career change then this maybe an opportunity for a fresh start.

We hope this project will help foster a greater relationship between ourselves as a college and yourselves as a catholic community. We are your Catholic community college.

A huge thank you again to you all in particular for helping us getting this project off the ground.

God bless and thank you all for your continued support.

Kind Regards

Geraint Williams, Director of Community Outreach

Archdiocese of Cardiff "The God Who Speaks": Scripture Study Days

The next Scripture Study Day will be given on Saturday, June 12th from 11am-12.30pm. **Rev. Bernard Sixtus will be giving a talk on "The Vision of St. John's Gospel"**. Fr. Bernard Sixtus PhD, MA, BA(Hons) is Director of Education (Schools) for the Archdiocese and is well known as a very engaging speaker, well versed in theology. Details of the programme of talks for the year can be found on the Archdiocesan website <https://rcadc.org/> events.

How to access the talks

You can access the talks on the day via Zoom at: <https://us02web.zoom.us/j/82409256453?pwd=YktlYnQvWjNzQjI5L0xnZkFsaHNYUT09>

Meeting ID 824 0925 6453

Passcode: 633303

The talks will also appear on YouTube. Please go to the [ACES YouTube channel](#)

Contacts for enquiries: Madeleine Walters at madeleine.walters@rcadc.org

or Kate Duffin at kate.duffin@hotmail.co.uk

When will things go back to normal?

The Family Life Team for the Archdiocese would like to invite YOU to a 'Drop in Zoom' if you would like a bit of advice, support or information or just chat with likeminded parents/grandparents about the joys and challenges they face within their families and maybe discover how the Church can support the families of our community, directly or through signposting to appropriate organisations.

Zoom Drop In Sessions will be held by Zoom on Tuesdays during June/July as follows;

June 15th at 8pm,

June 22nd at 8pm,

June 29th at 11am

and July 6th at 11am

Parents and grandparents can 'drop in' to the sessions as suits your availability and as one off or several as you wish.....but you will need to get a joining invitation, so, please email flc@rcadc.org and a joining invitation will be sent by reply.

If you do find things getting too much, remember to talk to family and friends and share your feelings; if this isn't possible or appropriate remember there are organisations that can offer support or just a listening ear:

Family lives - offer information and support on many aspects of family life and parenting.

They offer an online chat and have a helpline 0808 800 2222

Samaritans – call them anytime 116 123

If you have domestic abuse concerns, **Refuge** have a 24 hour helpline 0808 2000 247

