

## RECENTLY DIED

Please pray for the eternal repose of the following:

**Mrs Doreen Evans R.I.P.** – The Funeral Service will be celebrated at St Mary's on Friday 18th June at 12.30pm.

**Mrs Lilian Evans R.I.P.** – The Funeral Service will be celebrated at Thornhill Crematorium on Monday 21st June at 12.45pm.



**Eternal rest grant unto them,  
O Lord,  
and let perpetual light shine upon  
them.  
May they rest in peace.  
Amen.**

## Pray for the Sick

**Holy Family:** Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Collette Griffin, Vivian Miller, Valentine, Brian Webster, Henry Fernandez, Hanna Marengi, Mary Bodman, Susanna, Martin, Chris Collins, Sharon Dobson.

**St Mary's:** Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, John Barry, Joseph Stancombe, Patricia Sadka, Mary Williams.

### Readings continued

Alleluia, alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!

Mark 4:26-34.

What can we say the Kingdom of God is like? Two images are given, both simple yet profound. The first image sees us contemplate some seed thrown on the land. The seed is planted and then the shoot sprouts; the shoot produces the ear that nourishes and protects the grain that grows within; following the blossoming comes the harvesting of the crop. The second image is of a mustard seed that is described as "the smallest of all the seeds" yet "grows into the biggest shrub of them all." These parables proclaim that a small group of relatively ignorant fishermen and a ragtag of others could form the Kingdom of God – in communion with Christ. Jesus is proclaiming that the seed he plants will grow into the Cedar tree described by Ezekiel. We could interpret the first image in a variety of ways but we can be certain that it represents God's providence bringing to birth or fruition many things that remain hidden from the eyes of the world.

"Using many parables like these, he spoke the word to them, so far as they were capable of understanding it. He would not speak to them except in parables, but he explained everything to his disciples when they were alone."

## Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff  
tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family  
new email address is: [canton@rcadc.org](mailto:canton@rcadc.org)

**Canon Peter Collins**

e-mail: [peter.collins@rcadc.org](mailto:peter.collins@rcadc.org)

**Fr Nick Williams**

e-mail: [nicholas.williams@rcadc.org](mailto:nicholas.williams@rcadc.org)

**Deacon Professor Maurice Scanlon**

e-mail: [maurice.scanlon@rcadc.org](mailto:maurice.scanlon@rcadc.org)

tel (029) 2021 2651

**Deacon Christian Mahoney**

Contact details to follow

Retired Priest in Residence at Holy Family:

**Monsignor Canon John Maguire**

Website: [cardiffwestcatholics.org.uk](http://cardiffwestcatholics.org.uk)

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

**St Mary's SVP** contact number 07731847622.

### Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

### Primary Headteachers:

#### Holy Family

Mrs Louise Mills Tel: 20565354

#### St. Mary's

Miss Claire Russell Tel: 2022 5680

### Secondary Headteachers:

#### Corpus Christi

Mr Patrick Brunnock Tel: 20761893

#### Mary Immaculate

Mr Huw Powell Tel: 2059 3465

#### St David's 6th Form College

Mr Mark Leighfield Tel: 20498555

## REQUEST FOR PRAYERS

Please pray for Patricia Sadka who has been taken into hospital.

## A SHORT BREAK FOR CANON COLLINS

I will be staying with family from Monday 14<sup>th</sup> June to Friday 18<sup>th</sup> June. This will be my first overnight break from The Priory since my arrival in September 2019.

# Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

13th-20th June 2021 11th Sunday of Ordinary Time (Cycle B)

## Holy Family Masses

**Sunday: 11th Sunday of Ordinary Time (13th June)**

6pm Vigil Mass Nick Perry

11am Deceased members of the Webber Family

**Thursday:**

9.30am (PUBLIC ACCESS)

**Sunday: 12th Sunday of Ordinary Time (20th June)**

6pm Vigil Mass Saverio Risoli

11am Paul Mantle

## St Mary's Masses

**Sunday: 11th Sunday of Ordinary Time (13th June)**

10am Antonino D'Alpa & Antonia Abela

12pm Paul Plumley

6pm Intentions for the Thomas Family

**Monday: Weekday in Ordinary Time (14th June)**

9.30am Archbishop James Romanus Bilborrow

No 12.15pm Mass

**Tuesday: Weekday in Ordinary Time (15th June)**

9.30am George & Mary Phillips (PUBLIC ACCESS)

No 12.15pm Mass

**Wednesday: Weekday in Ordinary Time (16th June)**

9.30am Paul Gardner

12.15pm

**Thursday: Weekday in Ordinary Time (17th June)**

No 12.15pm Mass

7-8pm Adoration & Benediction

**Friday: Weekday in Ordinary Time (18th June)**

9.30am Margaret & Roy Jones

**12.30pm** Funeral Service for Mrs Doreen Evans RIP

**Saturday: Votive Memoria of the BVM (19th June)**

12.15pm Funeral memorial - Theresa Coleman RIP

1.30pm Sacrament of Baptism

**Sunday: 12th Sunday of Ordinary Time (20th June)**

10am Canon Pat O'Gorman (Golden Jubilee)

12pm Peter O'Rourke

6pm Sam Cross

**The Angelus and Prayer During the Day live-streamed at 12pm daily. Evening Prayer live-streamed at 7pm daily except Sundays.**

**Thursday only this week: 7-8pm Adoration & Benediction (including Evening Prayer).**

**Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.**

### Readings for the 11th Sunday of Ordinary Time

Ezekiel 17:22-24.

Today's extract from the Prophet Ezekiel is a fragment of a poem that forms the last section of a longer text that presents an allegorical history of Israel. The allegorical imagery concerns the destruction of Jerusalem and the subjugation of the Kingdom of Judah by King Nebuchadnezzar of Babylon, who subsequently deports into exile a significant proportion of the population. The northern Kingdom of Israel had fallen previously and now the southern Kingdom of Judah suffers the same fate. Up to this point in the text, Judah has been depicted as a vine. When Ezekiel begins to speak of restoration, the figure of his imagery changes to that of a Cedar tree. A Cedar tree is a worthy image, noble and gigantic, evocative of an all-embracing nation. The Prophet Ezekiel teaches how reliant we are on God's blessing. When we separate ourselves from God and his commandments we are restricted to the doomed enclosure of our pride and vanity. In their arrogance, the leaders and people of Judah (as with the northern Kingdom of Israel beforehand) believed they could outwit their enemies through the earthly manoeuvrings of political manipulations. This attitude revealed a distancing from God, a failure to trust in his providence. Even if we are seemingly 'successful' in deceiving others, God will not be deceived. Ezekiel reminds the exiled captives, from northern Israel and southern Judah, that God, and God alone, can take the most delicate shoot from the top of the Cedar tree and create a new and great nation.

"From the top of the Cedar, from the highest branch I will take a shoot and plant it myself on a very high mountain."

"All will learn that I, the Lord, am the one who stunts tall trees and makes the low ones grow."

Psalm 91.

It is good to give you thanks, O Lord.

II Corinthians 5:6-10.

In his earliest Letters, Saint Paul expressed his expectation that Christ would soon return to the face of the earth so as to reveal the fulness of his glory. Because Christ would return soon, Paul thought and taught that believers could expect to be taken up into glory rather than face death. With the passage of time there dawns a new 'eschatology' – Christ would not necessarily return soon and a new recognition of death was needed together with a fresh understanding of the end of time. In today's extract from his Second Letter to the Corinthians Paul contemplates death, not with any sense of desolation but with full confidence. Death will bring us liberation from the hazards and misfortunes of this transitory life. Paul teaches us not to be fearful of death for it is the path that must be taken, the door through which we pass so as to enter the promised glory. This life is not merely some long pause before death. We must engage with our responsibilities in this life. However, this is only possible when we understand that this life is defined by what awaits us in God's Kingdom.

"For all the truth about us will be brought out in the law court of Christ, and each of us will get what he deserves for the things he did in the body, good or bad."

**Continued opposite**

## RETURNING TO MASS

The Spring Plenary Session of the Bishops' Conference of England and Wales took place between the 19<sup>th</sup> and 22<sup>nd</sup> of April. The bishops engaged with their sequence of meetings via internet connection. The Conference issued a document entitled 'The Day of the Lord'.

The bishops reflected upon the creative and diverse methods employed in parishes to maintain contact and sustain outreach during the lockdowns. Although we cannot predict the exact pace of our emergence from pandemic restrictions, the bishops encourage reflection on how we face the challenge of encouraging parish communities back to the practice of the faith.

"It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist.

"The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

"We face the task of seeking to nurture the sense of Sunday as 'a weekly gift from God to his people', and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed."

## Recommencing the Celebration of Baptisms

I have recently recommenced the Preparation Programme for Baptisms and I am pleased to announce that we now have permission to celebrate Baptisms once again. I ask that new parents contact me by telephone at their convenience to make appropriate arrangements.

## SACRAMENTAL PREPARATION PROGRAMMES

At the 11.00am Mass in Holy Family on Sunday 13<sup>th</sup> June four children will celebrate their First Reception of Holy Communion. These children are the last of the 2020 cohort. Please keep them in your prayers.

## MASS INTENTIONS

There are a number of Mass intentions available at the moment, particularly for weekday Masses. Why not take this opportunity to have a Mass said for a family member or simply a private intention?

## FORTHCOMING INVESTITURE

On Saturday 26<sup>th</sup> June Fr Nicholas will celebrate his investiture into the Equestrian Order of the Holy Sepulchre of Jerusalem. The investiture will take place at St Chad's Cathedral in Birmingham. The Most Reverend Dr John Wilson, Archbishop of Southwark and Grand Prior of the Order in England and Wales, will preside. Please keep Fr Nicholas in your prayers as he undertakes his final preparation for this significant event.

## HOLY FAMILY DEFIBRILLATOR

We are in the process of purchasing a defibrillator for Holy Family Church (St Mary's already has one). If you would like to receive training on the use of the defibrillator, please contact us at [canton@rcadc.org](mailto:canton@rcadc.org)



Defibrillators save many lives each year but obviously there have to be people who know how to use them in order that the full benefit of having one on the premises can be gained.

## CLEANING ST MARY'S CHURCH

I am seeking volunteers to clean St Mary's church on Wednesday 23<sup>rd</sup> June between 6.30pm and 7.30pm. This church has not been cleaned for many months and I need a thorough 'blitz' in advance of a wedding that will be celebrated on Saturday 26<sup>th</sup> June. I hope that a group of volunteers will commit to cleaning the church regularly on the first Wednesday of each calendar month. If you are willing to assist, please contact myself, Canon Collins.

## ELECTRICAL INSPECTIONS (INSURANCE)

St Mary's church, St Mary's hall and the Priory have had three days of electrical inspections which are required on a three-year cycle by our Diocesan insurers. I will receive a report which will include any repair or upgrade works. The inspection alone will cost many hundreds of pounds. It is all a reminder of the ongoing costs for our large building/plant.

## PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND  
REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY  
IF WE EVER EXPECT TO RECEIVE MERCY.

## ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

## PRAYER FOR WALES

O Almighty God, who in your infinite goodness have sent your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve you, have mercy on your people who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by your divine Son: that, acknowledging her authority and obeying her voice, they may serve you, love you, and worship you as you desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

## THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary, ... .

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary, ... .

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary, ... .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

## THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## THE PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

V. Let us pray: O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord.

R. Amen.

## THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence, the Spirit of Wonder and Awe in the presence of God.

## THE TWELVE FRUITS OF THE HOLY SPIRIT

Charity, Joy, Peace, Patience, Goodness, Kindness, Long-suffering, Mildness, Faith, Modesty, Self-control, Chastity.

## FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:

6th June - £470.65

St Mary's Standing Orders per week amount to £ 600.00

Parish Offertory Collection at Holy Family:

30th May - £342.27

Holy Family Standing Orders per week amount to £ 250.00

### WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

\*\*\*COPIES OF 'THE UNIVERSE' ARE ON SALE FOR £2.40\*\*\*

## GIFT AID ENVELOPES FOR THIS FINANCIAL YEAR

Envelopes are available for collection in both parishes. Please collect them from the church if possible. If you no longer require them as you donate online, please let us know.

## BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

## RED MISSION BOXES IN HOLY FAMILY

Please either bring the boxes, or ideally the counted contents to Mass on Saturday or Sunday up until Christmas, or contact Phil Smith on 07305571513, 02920306210 or [pwsprint@hotmail.co.uk](mailto:pwsprint@hotmail.co.uk) and he will collect them from their homes, following Covid guidelines. Anyone wishing to become a box holder should contact Phil. If any one should wish to make a one off donation it would be gratefully received.



## FROM DEACON MAURICE – UPDATE AND APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. ([mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: [mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or Neil O'Toole on 07860647367 or email: [neilgot@me.com](mailto:neilgot@me.com) Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

## SVP SUPPORT CENTRE MANAGER IN ELY, CARDIFF

An exciting vacancy has arisen for a Support Centre Manager to join our brand new SVP Support Centre at the former St Clare's Church in Ely, Cardiff. We are looking for an individual who is passionate about helping people in need and enhancing the local community. The successful candidate will be responsible for the day to day running, overall management and financial sustainability of the Centre. A key part of the role will be to develop and lead regular sustainable activities for those in the local community including food parcels, shop, café, new support services and new initiatives for people coming to use the Centre. For further information please contact Laura Whittaker (01274513045), Peter Sullivan (07906101015) or Deacon Maurice Scanlon (07747038274) as soon as possible.

### When will things go back to normal?

The Family Life Team for the Archdiocese would like to invite YOU to a 'Drop in Zoom' if you would like a bit of advice, support or information or just chat with likeminded parents/grandparents about the joys and challenges they face within their families and maybe discover how the Church can support the families of our community, directly or through signposting to appropriate organisations.

Zoom Drop In Sessions will be held by Zoom on Tuesdays during June/July as follows;

June 15<sup>th</sup> at 8pm,  
June 22<sup>nd</sup> at 8pm,  
June 29<sup>th</sup> at 11am  
and July 6<sup>th</sup> at 11am

Parents and grandparents can 'drop in' to the sessions as suits your availability and as one off or several as you wish....but you will need to get a joining invitation, so, please email [flc@rcadc.org](mailto:flc@rcadc.org) and a joining invitation will be sent by reply.

If you do find things getting too much, remember to talk to family and friends and share your feelings; if this isn't possible or appropriate remember there are organisations that can offer support or just a listening ear:

**Family lives** - offer information and support on many aspects of family life and parenting. They offer an online chat and have a helpline 0808 800 2222

**Samaritans** – call them anytime 116 123

If you have domestic abuse concerns, **Refuge** have a 24 hour helpline 0808 2000 247

### Ask your MP to sign a Parliamentary motion to stop 'DIY' abortion

Carla Lockhart MP has launched a parliamentary motion calling on the Government to end 'DIY' home abortion.

It is therefore vital that as many MPs as possible sign Carla Lockhart's motion to send a clear message to the Government that they must end dangerous 'DIY' home abortion services as soon as possible.

Right To Life UK has launched an easy-to-use tool which makes it simple for you to send an email to your MP asking them to sign the motion. Please click the link below to contact your MP now. It only takes 30 seconds!

[www.righttolife.org.uk/DIYmotion](http://www.righttolife.org.uk/DIYmotion)

### Scripture and Wellbeing

For the month of June, the focus of the God Who Speaks Team is on Scripture and Wellbeing. Their new six-part Scripture and Art series – Soul to Soul invites you to walk with them, alongside some biblical characters. They explore the link between faith and meaning, suffering and the 'dark night of the soul', and what salvation might mean in the here and now. Using the rhythm of the day, this resource offers hope and wisdom in tough times today -

<http://www.godwhospeaks.uk/the-god-who-speaks/focus/scripture-and-wellbeing/>



### MARRIAGE CARE

The Coronavirus pandemic may have put normality on hold but Marriage Care's support for your relationship continues. The impact of COVID-19 has put increasing pressure on relationships, and we urge people to seek the support or expert help they need before reaching breaking point.

We offer marriage preparation, relationship counselling and more

We specialise in helping couples build and sustain strong, fulfilling, healthy relationships, and in providing support in times of relationship difficulty. Why? Because better relationships make for better lives, more stable families and a stronger society.

We're ready to help, whatever your circumstances.

<https://www.marriagecare.org.uk/>

#### Relationship Counsellors—volunteers needed

Are you looking to volunteer in a friendly environment and to make a difference in your community? Then Marriage Care has the opportunity you are looking for!

We are currently recruiting Relationship Counsellors to support couples, particularly from across the Cardiff Archdiocese, via webcam and face-to-face, who are experiencing difficult times.

To apply, you will need a recognised qualification in Relationship Counselling & 150 hours of client experience. All our volunteer Counsellors are provided with the necessary supervision and CPD necessary to fulfil their role.

For more information, please visit [marriagecare.org.uk/getinvolved](http://marriagecare.org.uk/getinvolved) or contact [rachaelo@marriagecare.org.uk](mailto:rachaelo@marriagecare.org.uk)

With thanks to the Cardiff Diocesan Trustees for their financial support of this recruitment process.