

RECENTLY DIED

Please pray for the eternal repose of the following:

Mrs Doreen Evans R.I.P. – The Funeral Service will be celebrated at St Mary's on Friday 18th June at 12.30pm.

Mrs Lilian Evans R.I.P. – The Funeral Service will be celebrated at Thornhill Crematorium on Monday 21st June at 12.45pm.

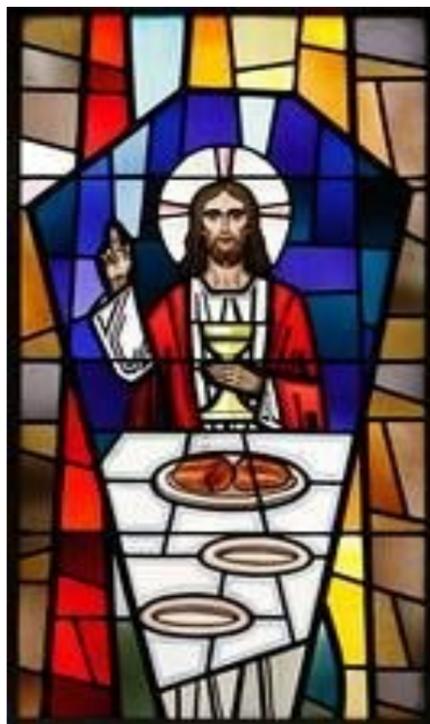


**Eternal rest grant unto them,
O Lord,
and let perpetual light shine upon
them.
May they rest in peace.
Amen.**

Pray for the Sick

Holy Family: Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Collette Griffin, Vivian Miller, Valentine, Brian Webster, Henry Fernandez, Hanna Marengi, Mary Bodman, Susanna, Martin, Chris Collins, Sharon Dobson.

St Mary's: Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, John Barry, Joseph Stancombe.



Readings continued

Alleluia, alleluia! I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever. Alleluia!

Mark 14:12-16, 22-26.

When Jesus sat down with his disciples at the Last Supper his followers thought they knew what to expect, a celebration of the 'Paschal Meal' which annually commemorated the deliverance of Israel from slavery in Egypt. The meal represented the sealing of the ancient covenant. Jesus was presiding and had the duty to offer explanation of the various elements. However, instead of relating the elements to the traditional 'Pasch' Jesus offers a new point of reference and a new explanation. Jesus informs his disciples regarding a new covenant that will be sealed with his own blood and he tells them that they will share in this new covenant. Jesus invokes the 'Song of the Suffering Servant' as found in the Book of Isaiah. Jesus is the Servant who will suffer affliction and humiliation, who give his life to save us all. Beyond his death there awaits his final vindication. And as they were eating, he took some bread, and when he had said the blessing, he broke it and gave it to them. "Take it," he said "this is my body." Then he took a cup, and when he had returned thanks, he gave it to them, and all drank from it, and he said to them, "This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God."

CELEBRATING THE MOST HOLY BODY AND BLOOD OF CHRIST

The Feast of Corpus Christi traces its devotional origins to the diocese of Liege, France, where a celebration was established in 1246. Pope Urban IV approved universal promulgation of the feast in 1264. We honour the body and the blood of Christ, reflecting the focus of Holy Thursday, highlighting the redemptive power and effects of the Sacrament of the Eucharist. The tradition of fostering eucharistic processions has been encouraged since the fourteenth century. Present circumstances and restrictions prevent us from conducting such a procession. Many will still have fond memories of the Corpus Christi Processions that were celebrated here in Cardiff. Devotion to the real presence of Christ in the Holy Eucharist takes us to the heart of our faith.

The REAL PRESENCE of Christ in the Holy Eucharist is best understood through the explanation known as TRANSUBSTANTIATION. When St Thomas Aquinas attempts to describe the Holy Eucharist he retains the classical understanding of Augustinian symbolism (with its Platonic template) whilst brilliantly employing the insights of Aristotle to discuss how bread and wine are changed SUBSTANTIALLY into the Real Presence of Christ while the 'accidents' (i.e. appearances) of bread and wine remain. See the formulations of the Fourth Lateran Council.

Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

6th-13th June 2021 Corpus Christi (Cycle B)

Readings for the Solemnity of the Most Holy Body and Blood of Christ

Exodus 24:3-8.

The slaughter of certain animals for ritual sacrifice and holocaust offering had great significance in ancient religious practice across many nations and cultures. The Old Covenant between Yahweh and his 'Chosen People' (Hebrews) was sealed with the blood of sacrifice. We need to be conscious of a three-fold significance. FIRST, the shedding of blood and the taking of a life denotes the seriousness of the matter at hand, for a life once destroyed cannot be regained and a covenant sealed with blood cannot be revoked. SECOND, the Hebrews saw in the blood the sign that all life belongs to God. Before the dawn of modern medical science, the ancient view was that the 'life blood' held the essence of life itself. The gruesome draining of blood from an animal provided a striking image. For the Hebrew people the blood was nothing less than sacred because it constituted the symbol of how God bestowed life to every living thing. The blood was not to be drunk nor eaten because it belongs to God alone, hence the Kosher prescriptions of Jewish law. THIRD, the blood is sprinkled over the people as a symbol of God's gift of life and it is poured over an altar which represents God himself. This sprinkling and pouring of the blood binds God and his people. Moses had received the Law from Yahweh on Mount Horeb, the commandments had been written and the people proclaimed their commitment to observance. Moses then erected an altar at the foot of the mountain, built upon twelve standing-stones which represented the twelve tribes of Israel.

"Moses took the Book of the Covenant and read it to the listening people and they said, 'We will observe all that the Lord has decreed, we will obey.' Then Moses took the blood and cast it towards the people."

When Jesus speaks at the Last Supper, whilst his vocabulary is reflective of past symbolism and imagery it moves beyond the confines of the past. The Holy Eucharist captures the sacrifice that seals the New and Eternal Covenant, the sacrifice of Christ himself.

Psalms 115.

The cup of salvation I will raise; I will call on the Lord's name.

Hebrews 9:11-15.

The Hebrew people still celebrate the annual feast of Yom Kippur, the Day of Atonement/Day of Reconciliation. During the era of the Temple there were annual sacrifices offered for the remission of sins. The celebration had two separate rites. The 'scapegoat' was driven out of the Temple precinct and then out of the city into the desert, symbolically carrying the sins of the people with it. Then a goat and a bull were sacrificed. The blood of these animals was then sprinkled on the people. This blood was sacred, in contrast to the defiled 'scapegoat', and without it there was no purification. The author of the Letter to the Hebrews points out that these ancient Jewish rites were transitory, needing to be repeated year after year, whereas the sacrifice of Christ is once for all. Only the sacrifice of Christ is effective for the purification of sin and atonement with God. The Letter to the Hebrews speaks of the Tent/Tabernacle that was constructed during the Sinai pilgrimage to house the Ark, the predecessor to the Temple. Sacrifices were offered within the Tent. The Letter depicts Christ as the High Priest, not one who offers sacrifices within an earthly temple but one who has entered the heavenly sanctuary with his own blood. Christ has won "an eternal redemption for us." The 'outward' sacrifices of old are replaced by something that is received inwardly. Christ offered himself as the perfect sacrifice to God through the eternal Spirit.

"He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant."

Holy Family Masses

Sunday: The Body and Blood of Our Lord Jesus Christ (Corpus Christi) (6th June)

6pm Vigil Mass Michael McMahan
11am Catherine Bearwish

Thursday:
9.30am (PUBLIC ACCESS)

Sunday: 11th Sunday of Ordinary Time (13th June)

6pm Vigil Mass Nick Perry
11am Deceased members of the Webber Family

St Mary's Masses

Sunday: The Body and Blood of Our Lord Jesus Christ (Corpus Christi) (6th June)

10am Margaret (Peggy), Andrew & Pat Dooley
12pm John Petersen
6pm Sian Tyrrell

Monday: Weekday in Ordinary Time (7th June)

9.30am Peg & Reg Palfrey
12.15pm Michael Maher

Tuesday: Weekday in Ordinary Time (8th June)

9.30am Mary Dooley RIP (PUBLIC ACCESS)
12.15pm Coulson Family Ints.
7-8pm Adoration & Benediction

Wednesday: Weekday in Ordinary Time (9th June)

9.30am Intentions of the Holy Father
12.15pm

Thursday: Weekday in Ordinary Time (10th June)

12.15pm Grace Denner RIP
7-8pm Adoration & Benediction

Friday: The Most Sacred Heart of Jesus (11th June)

9.30am Patricia & Edward Best
12.15pm

Saturday: The Immaculate Heart of Mary (12th June)

12.15pm Mario Azzopardi

Sunday: 11th Sunday of Ordinary Time (13th June)

10am Antonino D'Alpa & Antonia Abela
12pm Paul Plumley
6pm Intentions for the Thomas Family

The Angelus and Prayer During the Day live-streamed at 12pm daily. Evening Prayer live-streamed at 7pm daily except Sundays.

Tuesday and Thursday 7-8pm Adoration & Benediction (including Evening Prayer).

Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.

Feasts of the Week

Friday 11th June – SOLEMNITY OF THE SACRED HEART OF JESUS.

The Solemn Feast celebrates our devotion to Jesus Christ as the Divine Word of God Incarnate. The depiction of the human heart of Jesus, visible upon his chest, represents a declaration that the majesty and magnitude of divine love is expressed through the humanity of Jesus. The devotion draws upon the popular sense of the heart being the 'seat' of a person's inner life, both natural and supernatural. In John 7:37-39 we hear Jesus assert that living water would flow from his heart. The pierced side of Jesus as the source of grace has prompted devotion through the ages. In the Middle Ages the devotion became more explicitly focused on the Heart of Jesus. St Ignatius Loyola (1491-1556), St Francis de Sales (1567-1622) and St John Eudes (1601-1680) all promulgated in different ways a devotion to the Sacred Heart of Jesus. The framing of our understanding of the devotion is most influenced by the private revelations granted to St Margaret Mary Alacoque (1647-1690). She received her revelations at Paray-le-Monial in France between 1673 and 1675. The feast was approved for the Universal Church 1856 to be celebrated on the Friday following the Corpus Christi. The tradition of enthroning an image of the Sacred Heart near the entrance to Catholic homes was begun at Paray-le-Monial in 1907. Pope Pius XII promulgated the theological foundations of the devotion in his Encyclical Letter 'Haurietis Aquas' published in 1956.



Saturday 12th June – Memoria of the Immaculate Heart of Mary.

Devotion to the Immaculate Heart of Mary was promoted by St John Eudes in seventeenth century France. This Marian devotion must be understood in direct relationship with devotion to the Sacred Heart of Jesus. The grace of the Immaculate Conception prepares Mary for her voluntary vocation as Mother of God. Through Mary's complete cooperation with grace throughout her life, her heart is properly described and honoured as Immaculate.

RETURNING TO MASS

The Spring Plenary Session of the Bishops' Conference of England and Wales took place between the 19th and 22nd of April. The bishops engaged with their sequence of meetings via internet connection. The Conference issued a document entitled 'The Day of the Lord'.

The bishops reflected upon the creative and diverse methods employed in parishes to maintain contact and sustain outreach during the lockdowns. Although we cannot predict the exact pace of our emergence from pandemic restrictions, the bishops encourage reflection on how we face the challenge of encouraging parish communities back to the practice of the faith.

"It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist.

"The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

"We face the task of seeking to nurture the sense of Sunday as 'a weekly gift from God to his people', and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed."

Recommencing the Celebration of Baptisms

I have recently recommenced the Preparation Programme for Baptisms and I am pleased to announce that we now have permission to celebrate Baptisms once again. I ask that new parents contact me by telephone at their convenience to make appropriate arrangements.

SACRAMENTAL PREPARATION PROGRAMMES

I have now met with parents and candidates in both parishes regarding the celebrations of First Reconciliation, First Holy Communion and Confirmation. These preliminary meetings have initiated the process of preparation. On-going restrictions continue to frustrate our desire for more direct contact and input. Please keep the candidates and their parents in your prayers over the coming months. These three sacraments of initiation will be celebrated in late September and throughout October, with detailed dates to be established soon.

At the 11.00am Mass in Holy Family on Sunday 13th June four children will celebrate their First Reception of Holy Communion. These children are the last of the 2020 cohort. Please keep them in your prayers during the coming week.

REQUEST FOR PRAYERS

Please pray for Patricia Sadka who has been taken into hospital. She celebrated her birthday last Thursday.

MASS INTENTIONS

There are a number of Mass intentions available at the moment, particularly for weekday Masses. Why not take this opportunity to have a Mass said for a family member or simply a private intention?

PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND
REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY
IF WE EVER EXPECT TO RECEIVE MERCY.

ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

PRAYER FOR WALES

O Almighty God, who in your infinite goodness have sent your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve you, have mercy on your people who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by your divine Son: that, acknowledging her authority and obeying her voice, they may serve you, love you, and worship you as you desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary,

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary,

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary,

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

THE PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

V. Let us pray: O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord.

R. Amen.

THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence, the Spirit of Wonder and Awe in the presence of God.

THE TWELVE FRUITS OF THE HOLY SPIRIT

Charity, Joy, Peace, Patience, Goodness, Kindness, Long-suffering, Mildness, Faith, Modesty, Self-control, Chastity.

FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:

30th May - £548.69

St Mary's Standing Orders per week amount to £ 600.00

Parish Offertory Collection at Holy Family:

30th May - £342.27

Holy Family Standing Orders per week amount to £ 250.00

WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

COPIES OF 'THE UNIVERSE' ARE ON SALE FOR £2.40

GIFT AID ENVELOPES FOR THIS FINANCIAL YEAR

Envelopes are available for collection in both parishes. Please collect them from the church if possible. If you no longer require them as you donate online, please let us know.

BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

Account name: Archdiocese of Cardiff

Sort code: 20-18-23 (for both)

St Mary's Acc No: 03285375

Holy Family Acc No: 63656861

RED MISSION BOXES IN HOLY FAMILY

Please either bring the boxes, or ideally the counted contents to Mass on Saturday or Sunday up until Christmas, or contact Phil Smith on 07305571513, 02920306210 or pwsprint@hotmail.co.uk and he will collect them from their homes, following Covid guidelines. Anyone wishing to become a box holder should contact Phil. If any one should wish to make a one off donation it would be gratefully received.



FROM DEACON MAURICE – UPDATE AND APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. (mfscanlon@hotmail.co.uk or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: mfscanlon@hotmail.co.uk or Neil O'Toole on 07860647367 or email: neilgot@me.com Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

SVP SUPPORT CENTRE MANAGER IN ELY, CARDIFF

An exciting vacancy has arisen for a Support Centre Manager to join our brand new SVP Support Centre at the former St Clare's Church in Ely, Cardiff. We are looking for an individual who is passionate about helping people in need and enhancing the local community. The successful candidate will be responsible for the day to day running, overall management and financial sustainability of the Centre. A key part of the role will be to develop and lead regular sustainable activities for those in the local community including food parcels, shop, café, new support services and new initiatives for people coming to use the Centre. For further information please contact Laura Whittaker (01274513045), Peter Sullivan (07906101015) or Deacon Maurice Scanlon (07747038274) as soon as possible.

A SIGNIFICANT VATICAN APPOINTMENT – ARCHBISHOP ARTHUR ROCHE

It was announced recently that Pope Francis has appointed Archbishop Arthur Roche as the next Prefect of the Congregation for Divine Worship and the Discipline of the Sacraments. Archbishop Roche studied for the priesthood at the Royal English College, Valladolid, Spain and was ordained as a priest for the Diocese of Leeds in 1974.

As Old Boys of the same College, I have known Archbishop Roche for many years. He served for a period as Secretary to the Bishop. He has served as Spiritual Director at the Venerable English College, Rome, and as General Secretary to the Bishops' Conference of England and Wales. In 2001, in company with our Archbishop, he was ordained as an Auxiliary Bishop in the Archdiocese of Westminster. In 2002 he was appointed as Coadjutor Bishop of Leeds, becoming the Ordinary in 2004. In 2012, Pope Benedict XVI called Bishop Roche to Rome to assume the post of Secretary at the Congregation for Divine Worship. He was raised to the rank of Titular Archbishop.

As Bishop of Leeds, he had served for ten years as Chairman of the International Commission for English in the Liturgy, the official body that is charged with translating liturgical texts from Latin into English for use across the English-speaking world. As Prefect of a Congregation, it is likely that Archbishop Roche will be named a Cardinal at some point in the near future. That would mean three English Cardinals – alongside Cardinal Vincent Nichols (Archbishop of Westminster) and Cardinal Michael Fitzgerald (retired Vatican lead on Inter-Religious Dialogue).

We offer Archbishop Roche our best wishes upon his new appointment and offer him the assurance of our prayers.

CLARIFICATION REGARDING THE WEDDING OF THE PRIME MINISTER

Not everyone was aware that Mr Boris Johnson was born in the United States and was baptised in the Catholic Church. He was never nurtured in the Catholic faith and as a teenager he accepted the ceremony of confirmation in the Church of England.

Having been baptised in the Catholic Church, but never having contracted either of his previous marriages in accordance with the Church's Canon Law, Mr Johnson was at liberty to celebrate the sacramental marriage which recently took place at Westminster Cathedral. Mr Johnson was married to Allegra Mostyn-Owen for six years before they divorced and then to Marina Wheeler for twenty-seven years before they divorced. Mrs Carrie Johnson, who is now married to the Prime Minister, is a life-long Catholic who has never previously contracted either a civil or ecclesiastical marriage.

Fr Daniel Humphreys, a priest at Westminster Cathedral, presided at the Marriage in the Lady Chapel of the Cathedral where six months ago he baptised the couple's son Wilfred. The celebration of marriage is a right for all baptised Catholics, in accordance with the stipulations of sacramental theology and Canon Law. The fact that Mr Johnson has been married in the Catholic Church is not an approbation for his past moral behaviour.

As with all others who undertake preparation for marriage within the Catholic Church, the Prime Minister would have been made aware of the Church's teaching and would have had to make declarations regarding his understanding and acceptance of that teaching. We pray for God's blessing on the couple and their son.

HOLY FAMILY DEFIBRILLATOR

We are in the process of purchasing a defibrillator for Holy Family Church (St Mary's already has one). If you would like to receive training on the use of the defibrillator, please contact us at canton@rcadc.org

Defibrillators save many lives each year but obviously there have to be people who know how to use them in order that the full benefit of having one on the premises can be gained.

Ask your MP to sign a Parliamentary motion to stop 'DIY' abortion

Carla Lockhart MP has launched a parliamentary motion calling on the Government to end 'DIY' home abortion.

It is therefore vital that as many MPs as possible sign Carla Lockhart's motion to send a clear message to the Government that they must end dangerous 'DIY' home abortion services as soon as possible.

Right To Life UK has launched an easy-to-use tool which makes it simple for you to send an email to your MP asking them to sign the motion. Please click the link below to contact your MP now. It only takes 30 seconds!

www.righttolife.org.uk/DIYmotion

Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff

CF11 9BX tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family
new email address is: canton@rcadc.org

Canon Peter Collins

e-mail: peter.collins@rcadc.org

Fr Nick Williams

e-mail: nicholas.williams@rcadc.org

Deacon Professor Maurice Scanlon

e-mail: maurice.scanlon@rcadc.org
tel (029) 2021 2651

Deacon Christian Mahoney

Contact details to follow

Retired Priest in Residence at Holy Family:

Monsignor Canon John Maguire

Website: cardiffwestcatholics.org.uk

St Mary's SVP contact number 07731847622.

Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

Primary Headteachers:

Holy Family

Mrs Louise Mills Tel: 20565354

St. Mary's

Miss Claire Russell Tel: 2022 5680

Secondary Headteachers:

Corpus Christi

Mr Patrick Brunnock Tel: 20761893

Mary Immaculate

Mr Huw Powell Tel: 2059 3465

St David's 6th Form College

Mr Mark Leighfield Tel: 20498555

Archdiocese of Cardiff “The God Who Speaks”: Scripture Study Days

The next Scripture Study Day will be given on Saturday, June 12th from 11am-12.30pm.

Rev. Bernard Sixtus will be giving a talk on “The Vision of St. John’s Gospel”.

You can access the talk on the day via Zoom at: <https://us02web.zoom.us/j/82409256453?pwd=YktlYnQvWjNzQjI5L0xnZkFsaHNYUT09>

Meeting ID 824 0925 6453

Passcode: 633303

The talk will also appear on YouTube. Please go to the [ACES YouTube channel](#)

Contacts for enquiries: Madeleine Walters at madeleine.walters@rcadc.org

or Kate Duffin at kate.duffin@hotmail.co.uk



When will things go back to normal?

The Family Life Team for the Archdiocese would like to invite YOU to a ‘Drop in Zoom’ if you would like a bit of advice, support or information or just chat with likeminded parents/grandparents about the joys and challenges they face within their families and maybe discover how the Church can support the families of our community, directly or through signposting to appropriate organisations.

Zoom Drop In Sessions will be held by Zoom on Tuesdays during June/July as follows;

June 15th at 8pm,

June 22nd at 8pm,

June 29th at 11am

and July 6th at 11am

Parents and grandparents can ‘drop in’ to the sessions as suits your availability and as one off or several as you wish....but you will need to get a joining invitation, so, please email flc@rcadc.org and a joining invitation will be sent by reply.

If you do find things getting too much, remember to talk to family and friends and share your feelings; if this isn't possible or appropriate remember there are organisations that can offer support or just a listening ear:

Family lives - offer information and support on many aspects of family life and parenting. They offer an online chat and have a helpline 0808 800 2222

Samaritans – call them anytime 116 123

If you have domestic abuse concerns, **Refuge** have a 24 hour helpline 0808 2000 247

Scripture and Wellbeing

For the month of June, the focus of the God Who Speaks Team is on Scripture and Wellbeing. Their new six-part Scripture and Art series – Soul to Soul invites you to walk with them, alongside some biblical characters. They explore the link between faith and meaning, suffering and the ‘dark night of the soul’, and what salvation might mean in the here and now. Using the rhythm of the day, this resource offers hope and wisdom in tough times today -

<http://www.godwhospeaks.uk/the-god-who-speaks/focus/scripture-and-wellbeing/>



MARRIAGE CARE

The Coronavirus pandemic may have put normality on hold but Marriage Care’s support for your relationship continues. The impact of COVID-19 has put increasing pressure on relationships, and we urge people to seek the support or expert help they need before reaching breaking point.

We offer marriage preparation, relationship counselling and more

We specialise in helping couples build and sustain strong, fulfilling, healthy relationships, and in providing support in times of relationship difficulty. Why? Because better relationships make for better lives, more stable families and a stronger society.

We’re ready to help, whatever your circumstances.

<https://www.marriagecare.org.uk/>

Relationship Counsellors—volunteers needed

Are you looking to volunteer in a friendly environment and to make a difference in your community? Then Marriage Care has the opportunity you are looking for!

We are currently recruiting Relationship Counsellors to support couples, particularly from across the Cardiff Archdiocese, via webcam and face-to-face, who are experiencing difficult times.

To apply, you will need a recognised qualification in Relationship Counselling & 150 hours of client experience. All our volunteer Counsellors are provided with the necessary supervision and CPD necessary to fulfil their role.

For more information, please visit marriagecare.org.uk/getinvolved or contact rachaelo@marriagecare.org.uk

With thanks to the Cardiff Diocesan Trustees for their financial support of this recruitment process.