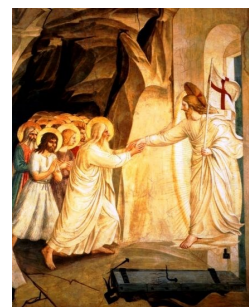


## RECENTLY DIED

Please pray for the eternal repose of the following:

**Miss Victoria Godwin R.I.P. (Aged 23)** - Funeral in Holy Family, arrangements to be confirmed.



Eternal rest grant unto her,

O Lord,

and let perpetual light

shine upon her.

May she rest in peace.

Amen.

## Pray for the Sick

**Holy Family:** Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Mary Bodman, Collette Griffin, Vivian Miller, Valentine, Brian Webster, Henry Fernandez, Hanna Marengi, Susanna, Martin, Chris Collins, Sharon Dobson.

**St Mary's:** Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, John Barry, Joseph Stancombe, Patricia Sadka, Mary Williams, Donald Rees.

## Live-Streamed Masses

It appears that there are still some problems with direct access to the live-streamed Masses but services can still be accessed via the link on the home page of the website. Hopefully, this will not last much longer. Thank you for your patience.

## Mass at Holy Family Primary School

At 9.30 on Thursday 15th July, I will be delighted to celebrate an end of year Mass at Holy Family Primary School. Apart from one meeting with the headteacher on site, this will be my first opportunity to visit the school since the beginning of the pandemic. Please keep the school community in your prayers, remembering particularly the children in Year 6 as they prepare for their transition to secondary school.

## Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff  
tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family  
new email address is: [canton@rcadc.org](mailto:canton@rcadc.org)

**Canon Peter Collins**

e-mail: [peter.collins@rcadc.org](mailto:peter.collins@rcadc.org)

**Fr Nick Williams**

e-mail: [nicholas.williams@rcadc.org](mailto:nicholas.williams@rcadc.org)

**Deacon Professor Maurice Scanlon**

e-mail: [maurice.scanlon@rcadc.org](mailto:maurice.scanlon@rcadc.org)

tel (029) 2021 2651

**Deacon Christian Mahoney**

Contact details to follow

Retired Priest in Residence at Holy Family:

**Monsignor Canon John Maguire**

Website: [cardiffwestcatholics.org.uk](http://cardiffwestcatholics.org.uk)

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

**St Mary's SVP** contact number 07731847622.

## Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

## Primary Headteachers:

### Holy Family

Mrs Louise Mills Tel: 20565354

### St. Mary's

Miss Claire Russell Tel: 2022 5680

## Secondary Headteachers:

### Corpus Christi

Mr Patrick Brunnock Tel: 20761893

### Mary Immaculate

Mr Huw Powell Tel: 2059 3465

### St David's 6th Form College

Mr Mark Leighfield Tel: 20498555



# Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

4th July - 11th July 2021 14th Sunday of Ordinary Time (Cycle B)

## Readings for the 14th Sunday of Ordinary Time

Ezekiel 2:2-5.

The prophet is charged with being a 'sign of contradiction', empowered to address his congregation with a challenging message. God sends Ezekiel into the midst of a rebellious environment. Ezekiel is warned at the start of his prophetic ministry that he faces resistance and even rejection. It is God who calls his prophets to address the 'Chosen People' and the entire World with the message of salvation. God bestows the gift of insight on his prophets so that they can communicate his will and serve his purposes. When the human family becomes conformed to the mediocrity of relativism, too comfortable in the embrace of self-justification, voices must and will arise that confront the consciences of all. Each and every one of us must subject our own conscience to the scrutiny of honest and humble examination.

"The Lord says this: Whether they listen or not, this set of rebels shall know there is a prophet among them."

Psalm 122.

Our eyes are on the Lord till he show us his mercy.

II Corinthians 12:7-10.

There has been much speculation regarding the 'thorn in the flesh' that afflicted Saint Paul. We must not be distracted by our curiosity. What is of import here is the fact that through his weakness Paul learned to release himself from all false expectations. The ways in which we measure achievement do not equate to how God evaluates our efforts and our worth. Paul is not teaching that failure, as such, is inherently virtuous. Paul is making it clear that what the world considers success is not necessarily virtuous. The content of the moral issue is not determined by what the world classifies as success or failure. What matters is our conscious reliance on Christ. In a world where we are told never to admit to weakness, we will encounter many threats to our physical, mental and spiritual well-being. How easy it is to be seduced by the tragic myth that we are self-sufficient. We are duty-bound to nurture and employ our gifts and there is such a thing as proper and fruitful aspiration. However, the Sacred Scriptures have reminded us over the past weeks that God does not owe us something for our good deeds. We do not, we cannot, earn our salvation. It is the recognition of our bankruptcy that sets us free, not the accumulation of earthly wealth nor any earthly recognition of success.

"In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud!"

"I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me ..."

"For it is when I am weak that I am strong."

Alleluia, alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to be become children of God. Alleluia!

Mark 6:1-6.

Jesus faces rejection in his home town of Nazareth. In earthly terms, Jesus was not a success. He could not convince the authorities of Jerusalem regarding the authenticity of his ministry and the authority of his teaching. Although at times he attracted large crowds, only a few disciples were truly close to him. These companions were desperately slow to understand him and most of them proved unreliable when the moment of final crisis dawned. When Jesus was crucified, the world thought him abandoned. The reality was that upon the Cross Jesus sacrifices himself for the redemption of the world, he fully abandoned himself to the Father's love. At Nazareth, Jesus is confronted by the scepticism of those who think they know who he is. In their eyes he is only the son of the carpenter. Although they are astonished by the wisdom of his teaching in the synagogue, they refuse to accept him, they refuse to respond to him. He was amazed by their lack of faith. Let us not be confined by a limited vision. Let us not relativise the Gospel. Christ demands that we acknowledge and strive to embrace the radical nature of his teaching, the greatest 'SIGN OF CONTRADICTION'.

"This is the carpenter surely, the son of Mary."

"A prophet is only despised in his own country, among his own relations and in his own house."

## Holy Family Masses

**Sunday: 14th Sunday of Ordinary Time (4th July)**

6pm Vigil Mass Nariman Chaina

11am Michael McMahon

(PUBLIC ACCESS)

**Thursday: (8th July)**

9.30am Doreen Jones RIP (PUBLIC ACCESS)

**Sunday: 15th Sunday of Ordinary Time (11th July)**

6pm Vigil Mass Morgan & Rona Jones

11am Anne Kehoe

## St Mary's Masses

Please note that there is only one Mass on weekdays in July while Fr Nicholas is away on holiday.

**Sunday: 14th Sunday of Ordinary Time (4th July)**

10am Winefrede Cunningham

12pm Maisie Molloy

1.30pm Celebration of Baptism

6pm Kavitha Nelson (Healing)

**Monday: Weekday in Ordinary Time (5th July)**

9.30am Coulson Family Intentions

**Tuesday: Weekday in Ordinary Time (6th July)**

9.30am Mr Mathachan (Healing) (PUBLIC ACCESS)

**Wednesday: Weekday in Ordinary Time (7th July)**

9.30am Olive Lynch RIP

**Thursday: Weekday in Ordinary Time (8th July)**

12.15pm Constantine Sueref RIP

7-8pm Adoration & Benediction

**Friday: Weekday in Ordinary Time (9th July)**

9.30am Josephine Evans RIP

**Saturday: Weekday in Ordinary Time (10th July)**

12.15pm Jeff Webber

**Sunday: 15th Sunday of Ordinary Time (11th July)**

10am Lian Scotto d'Abusco RIP

12pm Thomas Iannucci (Anniversary)

1.30pm Celebration of Baptism

6pm Mary & Sean Maher (Birthday)

The Angelus and Prayer During the Day live-streamed at 12pm daily. Evening Prayer live-streamed at 7pm daily except Sundays.

Thursday: 7-8pm Adoration & Benediction (including Evening Prayer).

Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.

## PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND  
REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY  
IF WE EVER EXPECT TO RECEIVE MERCY.

## ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

## PRAYER FOR WALES

O Almighty God, who in your infinite goodness have sent your only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve you, have mercy on your people who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by your divine Son: that, acknowledging her authority and obeying her voice, they may serve you, love you, and worship you as you desire in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

Our Lady, Help of Christians, pray for Wales.

Saint David, pray for Wales.

Saint Winefride, pray for Wales.

## THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary, ... .

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary, ... .

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary, ... .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

## THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## THE PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

V. Let us pray: O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord.

R. Amen.

## THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence, the Spirit of Wonder and Awe in the presence of God.

## THE TWELVE FRUITS OF THE HOLY SPIRIT

Charity, Joy, Peace, Patience, Goodness, Kindness, Long-suffering, Mildness, Faith, Modesty, Self-control, Chastity.



## A MESSAGE FROM ARCHBISHOP STACK

Archbishop George sent a message to the Clergy of the Archdiocese last Thursday evening relating the news that the Apostolic Nuncio had informed His Grace that the Holy Father has accepted his resignation letter. According to the norms of Canon Law, all bishops are required to submit their resignation to the Holy See upon reaching their 75<sup>th</sup> birthday. Following the submission of a resignation letter by a diocesan bishop/archbishop, the Holy Father can choose to respond in a number of ways and to act according to a number of options. The Holy Father may decide not to accept the resignation, asking the individual to simply continue in post until a later date. The Holy Father may decide to accept the resignation, asking the individual to remain in post ‘Nunc pro Tunc’ (simply translated as ‘now for then’). This is the option taken by the Holy Father in the case of our Archdiocese. This means that the Archbishop continues in post with full authority as Ordinary until the Holy Father appoints a successor at some indeterminate time in the future. Another option would have been to appoint the Archbishop as ‘Apostolic Administrator’ which would normally involve the maintenance of ordinary jurisdiction for the interim until a successor is appointed. If the Holy Father had accepted the resignation of the Archbishop with immediate effect then either another bishop would be appointed by the Holy See as Apostolic Administrator (with full or limited authority) or the College of Consultors would appoint a Diocesan Administrator (with limited authority) to take charge of the Archdiocese until a new Archbishop was appointed. Let us keep Archbishop George in our prayers as he continues to serve the Archdiocese of Cardiff coupled with his additional responsibilities as Apostolic Administrator of the Diocese of Menevia. Archbishop George asks us all to prayerfully invoke the Holy Spirit as Pope Francis continues the process of deliberation regarding the appointment of the Eighth Metropolitan Archbishop of Cardiff.

## FORTHCOMING ORDINATION TO THE DIACONATE OF ELLIOT HANSON

We offer our congratulations and extend the assurance of our prayers to Elliot Hanson as he prepares for his Ordination to the Diaconate on Sunday 4<sup>th</sup> July. The ordination will be celebrated at the Summer Villa of the Venerable English College outside Rome. Archbishop George was due to ordain Elliot and Fr Nicholas, as Vocations Director, was due to attend. Unfortunately, added restrictions on visits to Italy have now made it impossible for either of them to travel out to Rome.

Elliot is a native son of Barry and he converted to Catholicism whilst reading modern languages at Oxford. He moved to Southampton University and following graduation submitted himself to the Archdiocese of Cardiff for acceptance into seminary formation. Archbishop George sent Elliot to Allen Hall Seminary in Chelsea for three years where he obtained a Diploma in Philosophy. He was then transferred to the Venerable English College in Rome for a further three years of formation, graduating in Sacred Theology from the Gregorian University. He will now transfer once again to the Institut Catholique in Paris to undertake post-graduate studies in Catechetical and Pastoral Theology.

## RETURNING TO MASS - ‘THE DAY OF THE LORD’

“It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist. The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

We face the task of seeking to nurture the sense of Sunday as ‘a weekly gift from God to his people’, and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed.”

## PRAYERS FOR THE CATHOLIC COMMUNITIES ACROSS THE PEOPLE’S REPUBLIC OF CHINA

Last Thursday marked the 100<sup>th</sup> Anniversary of the founding of the Chinese Communist Party. We can rejoice to see China developing economically, bringing benefits for many, though not all, of its vast population. However, we are so very conscious that the Peoples Republic of China is a one-party state which employs repressive measures of control. Although the Vatican has signed an accord with the Chinese Government, the Catholic Church continues to suffer severe restrictions, manipulations and even persecutions. Due to extensive media coverage, we are very much aware of the sufferings inflicted upon the Muslim communities across Western China but we are not so well informed regarding the suffering bourn by our Catholic brothers and sisters across China. I ask you to pray for all people of faith in China who are suffering at this time.

## THE TRAGEDY OF SURFSIDE, FLORIDA

We pray for the 150+ men, women and children who lost their lives last week when their apartment building collapsed in the middle of the night. We pray also for the comforting of their relatives as they grieve the loss of loved ones. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace and rise in glory. Amen.

## EXAUDI – A NEW INTERNATIONAL CATHOLIC NEWS AGENCY

Having spoken of the demise of ‘The Universe’, representative of ‘old media’, I wish to highlight the launch of EXAUDI, a new international Catholic News Agency. It has been created as part of the Church’s effort to promulgate a ‘New Evangelisation’ in the contemporary environment, particularly in response to the influence of atheistic secularism. EXAUDI will seek to present information, opinion and analysis regarding the mission of the Church worldwide. Please reference the following website:

<https://www.exaudi.org>

## FR NICHOLAS ON HOLIDAY

Fr Nicholas commenced a four-week holiday last Thursday, though he will be celebrating the 10.00am Mass at St Mary's today. I thought it right to enable him to take a long break in advance of his transfer to the University Chaplaincy in September. He will return on July 26<sup>th</sup>.

## A GIFT FOR FR NICHOLAS UPON HIS DEPARTURE FROM THE PARISHES

As you know, Fr Nicholas will depart from The Priory on the 1<sup>st</sup> September to take up his appointment as University Chaplain. Fr Nicholas has served the parishes of St Mary of the Angels and Holy Family as Assisting Priest since his ordination to the priesthood three years ago. I first came to know Fr Nicholas nearly twenty years ago when he began attending the Sunday Evening Mass at the Cathedral. I soon called on him to become a Minister of Holy Communion.

I kept contact with him when a work appointment took him to the South Coast of England. It was during this period that he developed his consideration of a possible vocation to the priesthood. I observed his journey from initial discernment to the six-year pathway of his seminary formation. I was delighted to attend his ordination to the diaconate at Oscott and had oversight of his ordination to the priesthood at the Cathedral. I have been blessed by his companionship and support since my arrival at The Priory two years ago. Although I will miss his presence, I am delighted at his appointment. He is well qualified for the role of Chaplain at Cardiff University and the Chaplaincy will flourish under his leadership.

Whilst Fr Nicholas is away on holiday I take this opportunity to invite parishioners to contribute to a departure present for him. Could I ask you to place a donation in an envelope, marking it 'For Fr Nicholas', and placing it in the collection baskets over the coming weeks. It is not yet certain as to whether we will be able to gather for some kind of communal farewell, but at the least we will present our donation to him on his last weekend with us. Thank you.

## CONTACTLESS GIVING TERMINAL FOR ST MARY'S

With finance drawn from the Cultural Recovery Fund, I have obtained a 'Contactless Giving Terminal' for St Mary of the Angels. Mr Owen Collins, Archdiocesan Development Manager, has facilitated the process. As fewer people carry cash on their person, such terminals will become increasingly important for parish donations. I am hopeful that the machine will soon be installed. Although the cost of obtaining and installing the machine is covered by the donation from the Cultural Recovery Fund, there will be a small on-going cost for hosting the machine. The experience of the two parishes that have already adopted the system has been very positive.

## APPLICATION FOR FURTHER FUNDING – RENOVATIONS AT ST MARY'S HALL

Last year Deacon Maurice successfully obtained a grant of £35,000 from a charity that was distributing the last of its funds. These monies will be used to install showers and renovate the toilets in St Mary's Hall. So that we might also renovate the kitchen, I am working with Owen Collins, Archdiocesan Development Officer, in applying for a further £10,000 from a separate funding source. Please pray for a successful outcome.

## HOLY FAMILY DEFIBRILLATOR

The recently purchased defibrillator is now in place on the wall in Holy Family Church. The parish would like to thank members of SCRAP for their most generous donation of £500 which enabled us to purchase the defibrillator.

Defibrillators save many lives each year but obviously there have to be people who know how to use them in order for the full benefit of having one on the premises to be gained. Calon Hearts is offering free training on the use of a defibrillator. They are easy to use and give voice prompts to assist the user.



Please consider being trained in the knowledge that you may one day be able to save a life. St Mary's parishioners are welcome to apply for training as well. We already have about a dozen volunteers so we will shortly be arranging dates.

Contact us at [canton@rcadc.org](mailto:canton@rcadc.org) to register your interest.

## CAFOD CLIMATE CHANGE CAMPAIGN

The United Kingdom will this year host the United Nations Climate Change Conference – COP26 – in Glasgow during the month of November. We are all conscious of the dangers posed by Climate Change, dangers that threaten the poorest countries most of all. CAFOD – our Catholic Agency in England and Wales for International Development – is launching a campaign to influence our own national and local politicians regarding necessary policy change. Radical action is needed now if we are to achieve our objectives. I urge all parishioners to log on to the CAFOD website to sign a petition and to download various suggestions for action. Please consult the following:

<https://cafod.org.uk/Campaign/latest-campaigns>

This past week has brought a devastating example of worsening climate patterns. The West Coast of North America has been caught in a high-pressure loop that has been confined in a static bubble by the flow of the Jet Stream. Temperatures just short of 50 C have been recorded in British Columbia. There have been a number of deaths and crops are in danger of being lost. If two of the most developed countries are finding it difficult to cope with the effects of such phenomena then we can only imagine how the poorest countries will suffer as they struggle to confront the worsening situation. Situations that were once considered extraordinary will become increasingly frequent and widespread.

Let me quote the opening two paragraphs of 'Laudato Si', the Encyclical Letter of Pope Francis that was published in 2015, which reflects upon caring for our common home: " 'Laudato Si', mi' Signore" – "Praise be to you, my Lord". In the words of this beautiful canticle, Saint Francis of Assisi reminds us that our common home is like a sister with whom we share our life and a beautiful mother who opens her arms to embrace us. "Praise be to you, my Lord, through our Sister, Mother Earth, who sustains and governs us, and who produces various fruit with coloured flowers and herbs."

This sister now cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of the goods which God has endowed her. We have come to see ourselves as her lords and masters, entitled to plunder her at will. The violence present in our hearts, wounded by sin, is also reflected in the symptoms of sickness evident in the soil, in the water, in the air and in all forms of life. This is why the earth herself, burdened and laid waste, is among the most abandoned and maltreated of our poor; she "groans in travail" (Romans 8:22). We have forgotten that we ourselves are dust of the earth (cf. Genesis 2:7); our very bodies are made up of her elements, we breathe her air and we receive life and refreshment from her waters."



## FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:

27th June - £485.20

Day for Life - £180.97

St Mary's Standing Orders per week amount to £ 600.00

Parish Offertory Collection at Holy Family:

27th June - £256.75

Day for Life - £90.00

Holy Family Standing Orders per week amount to £ 250.00

I am grateful to all the parishioners who contributed to the 'Day for Life' retiring collections over the past two weeks.

### WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

## GIFT AID ENVELOPES FOR THIS FINANCIAL YEAR

Envelopes are available for collection in both parishes. Please collect them from the church if possible. If you no longer require them as you donate online, please let us know.

## BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

## RED MISSION BOXES IN HOLY FAMILY

Please either bring the boxes, or ideally the counted contents to Mass on Saturday or Sunday up until Christmas, or contact Phil Smith on 07305571513, 02920306210 or [pwsprint@hotmail.co.uk](mailto:pwsprint@hotmail.co.uk) and he will collect them from their homes, following Covid guidelines. Anyone wishing to become a box holder should contact Phil. If any one should wish to make a one off donation it would be gratefully received.



## FROM DEACON MAURICE – APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. ([mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: [mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or Neil O'Toole on 07860647367 or email: [neilgot@me.com](mailto:neilgot@me.com) Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

## REACHING OUT PROJECT UPDATE

I would like to thank all of those involved in the day to day running of the Reaching Out project, as well as all who have made such generous and substantial donations. If you wish to make a donation via online banking, whether a one-off payment or a regular amount, please use the Holy Family account (it is easier to operate the system smoothly if all payments go through one account). Alternatively, put cash or a cheque into an envelope, pop it into the Priory, give it to one of the priests or even put it into the collection box. **As long as it is clearly marked Reaching Out, it will definitely reach its destination.** Thank you once again.

**\*\*URGENT\*\* Ask your MP to vote against abortion up to birth**

The abortion lobby, led by the UK's largest abortion provider, BPAS, has worked with Diana Johnson MP to bring forward an amendment to hijack the Police, Crime, Sentencing and Courts Bill to introduce abortion on demand, for any reason, up to birth to England and Wales.

This would be the single biggest change to abortion legislation since 1967 and would leave England and Wales with one of the most extreme abortion laws in the world. **We are expecting that this radical proposal will be voted on by MPs this Monday.**

Right To Life UK has launched an easy-to-use tool that makes it simple for you to send an email to your MP asking them to vote against the motion. Please click the link below to contact your MP now. It only takes 30 seconds!

[www.righttolife.org.uk/StopAbortionUpToBirth](http://www.righttolife.org.uk/StopAbortionUpToBirth)

**When will things go back to normal?**

The Family Life Team for the Archdiocese would like to invite YOU to a 'Drop in Zoom' if you would like a bit of advice, support or information or just chat with likeminded parents/grandparents about the joys and challenges they face within their families and maybe discover how the Church can support the families of our community, directly or through signposting to appropriate organisations.

Zoom Drop In Session will be held by Zoom on Tuesday July 6<sup>th</sup> at 11am

Parents and grandparents can 'drop in' to the sessions as suits your availability and as one off or several as you wish.....but you will need to get a joining invitation, so, please email [flc@rcadc.org](mailto:flc@rcadc.org) and a joining invitation will be sent by reply.

If you do find things getting too much, remember to talk to family and friends and share your feelings; if this isn't possible or appropriate remember there are organisations that can offer support or just a listening ear:

**Family lives** - offer information and support on many aspects of family life and parenting. They offer an online chat and have a helpline 0808 800 2222

**Samaritans** – call them anytime 116 123

If you have domestic abuse concerns, **Refuge** have a 24 hour helpline 0808 2000 247



**marriage  
care**

**better relationships  
better lives**

**MARRIAGE CARE**

The Coronavirus pandemic may have put normality on hold but Marriage Care's support for your relationship continues. The impact of COVID-19 has put increasing pressure on relationships, and we urge people to seek the support or expert help they need before reaching breaking point.

We offer marriage preparation, relationship counselling and more.

We specialise in helping couples build and sustain strong, fulfilling, healthy relationships, and in providing support in times of relationship difficulty. Why? Because better relationships make for better lives, more stable families and a stronger society.

We're ready to help, whatever your circumstances.

<https://www.marriagecare.org.uk/>

**Relationship Counsellors—volunteers needed**

Are you looking to volunteer in a friendly environment and to make a difference in your community? Then Marriage Care has the opportunity you are looking for!

We are currently recruiting Relationship Counsellors to support couples, particularly from across the Cardiff Archdiocese, via webcam and face-to-face, who are experiencing difficult times.

To apply, you will need a recognised qualification in Relationship Counselling & 150 hours of client experience. All our volunteer Counsellors are provided with the necessary supervision and CPD necessary to fulfil their role.

For more information, please visit [marriagecare.org.uk/getinvolved](http://marriagecare.org.uk/getinvolved) or contact [rachaelo@marriagecare.org.uk](mailto:rachaelo@marriagecare.org.uk)

With thanks to the Cardiff Diocesan Trustees for their financial support of this recruitment process.