

RECENTLY DIED

Please pray for the eternal repose of the following:

Mr Richard Barnicott R.I.P. - The Funeral Service will be celebrated at Thornhill Crematorium on Monday 9th August at 1.15pm.

Miss Mary Payne R.I.P. - The Funeral Mass will be celebrated at St Mary's on Wednesday 11th August at 11.00am.

Mrs Kathleen Hoskins R.I.P. - The Funeral Mass will be celebrated at Holy Family on Tuesday 17th August at 10.45am.

Mrs Kimberley Dainty R.I.P. - The Funeral Mass will be celebrated at Holy Family on Friday 20th August at 9.45am.



Eternal rest grant unto them,

O Lord,
and let perpetual light
shine upon them.

May they rest in peace.

Amen.

Pray for the Sick

Holy Family: Catherine Driscoll, Kay & Paul Parris, Sheila Ferriter, Bernard Perry, Mary Bodman, Valentine, Collette Griffin, Vivian Miller, Brian Webster, Henry Fernandez, Hanna Marengi, Susanna, Martin, Chris Collins, Sharon Dobson, Joseph Stancombe.

St Mary's: Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, Patricia Sadka, Mary Williams, Donald Rees, Michael McLoughlin.

Readings continued

John 6:41-51.

Christ is the 'Bread of Life'. The Holy Eucharist is no mere static presence, as if Christ simply takes up residence in the midst of the world. The presence of Christ in the Holy Eucharist is dynamic and transformative. At this early stage in the discourse on the 'Bread of Life', the emphasis is on the fact that Jesus is the wisdom of God, the one who fully reveals the Godhead. Next week we will hear Christ speak of how and why we must eat his flesh and drink his blood. Many will reject his teaching. This week we must listen attentively, more attentively than do the crowd surrounding Christ. They think they know who he is, but they are too confined by their presumptions. Christ is revealing the full extent of the intimacy he shares with his heavenly Father. But when Jesus declares that he is the bread that has come down from heaven, the crowd claim to know his father and mother: "Surely this is Jesus son of Joseph." We must listen to Christ, again and again, so that when we approach the Holy Eucharist we are fully aware of who he really is.

"No one can come to me unless he is drawn by the Father who sent me."

"I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world."

Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff
tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family
new email address is: canton@rcadc.org

Canon Peter Collins

e-mail: peter.collins@rcadc.org

Fr Nick Williams

e-mail: nicholas.williams@rcadc.org

Deacon Professor Maurice Scanlon

e-mail: maurice.scanlon@rcadc.org

tel (029) 2021 2651

Deacon Christian Mahoney

E-mail: christianmahoney2@gmail.com

tel 07764515864

Monsignor Canon John Maguire

Retired Priest in Residence at Holy Family

Website: cardiffwestcatholics.org.uk

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

Account name: Archdiocese of Cardiff

Sort code: 20-18-23 (for both)

St Mary's Acc No: 03285375

Holy Family Acc No: 63656861

St Mary's SVP contact number 07731847622.

Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

Primary Headteachers:

Holy Family

Mrs Louise Mills Tel: 20565354

St. Mary's

Miss Claire Russell Tel: 2022 5680

Secondary Headteachers:

Corpus Christi

Mr Patrick Brunnock Tel: 20761893

Mary Immaculate

Mr Huw Powell Tel: 2059 3465

St David's 6th Form College

Mr Mark Leighfield Tel: 20498555

Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

8th - 15th August 2021 19th Sunday of Ordinary Time (Cycle B)

Readings for the 19th Sunday of Ordinary Time

I Kings 19:4-8.

Over recent weeks we have listened to a series of stories from the Old Testament, each one has included a miraculous provision of food. Today we hear of Elijah, the greatest of the prophets. At this point, Elijah is exhausted and has become dispirited. He is described as being prepared to abandon his mission and even his life. Our extract from the First Book of Kings provides us with an insight into the patience and generosity of God. God attends to Elijah as a loving parent would treat a sulky and sickly child. Although the simplicity of the baked scone and the jar of water is seemingly meagre, the provision enables Elijah to complete his journey to Mount Horeb, the mountain of God. At Horeb Elijah will experience his most intimate encounter with God. The revelation will not be delivered through the dramatic effects of whirlwind, earthquake or fire. Elijah will be privileged to experience the intimacy of God's presence through the gentle breeze. Yahweh, the Creator, is always sympathetic to the human condition. He will provide for our needs so that we can fulfil our mission. The Holy Eucharist is the ultimate provision, the most intimate feast, that sustains us for the journey and mission of life.

Elijah says: "Lord, I have had enough. Take my life; I am no better than my ancestors."

God says: "Get up and eat, or the journey will be too long for you."

Psalm 33.

Taste and see that the Lord is good.

Ephesians 4:30 - 5:2.

The Letter to the Ephesians provides us with the image of the Holy Spirit placing his 'mark' upon us. We are not branded like slaves but sealed with the identity of Christ. Just as the wax is shaped and fashioned by the imprint of a signet ring, so we are shaped by God grace. Sacramental theology describes how the sacraments impart a character (the word character should be understood in terms of its derivation from the Greek word for a stamp or seal). We are bound to God through the imprint of his identity upon our very being. Our redemption in Christ refashions our nature, we are given a second birth in the waters of baptism. The seal confers an obligation to fidelity and implants a need to seek God through the intimacy of grace. The seal also represents a pledge that the Holy Spirit will never disown us. The Holy Spirit marks us for Christ and enables us to imitate Christ in the generosity of his love.

"Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes."

Put aside all grudges and all spitefulness: "Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ."

Alleluia. Alleluia!

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.

Alleluia!

Continued opposite

Holy Family Masses

Sunday: 19th Sunday of Ordinary Time (8th Aug.)

6pm Vigil Mass Cliff Jones

11am Gerald Macpherson

Thursday: (12th August)

9.30am Holy Souls **PUBLIC ACCESS**

Sunday: Assumption of the BVM (15th August)

6pm Vigil Mass People of the Parishes

11am Jheremay Dalet (Anniversary)

St Mary's Masses

Sunday: 19th Sunday of Ordinary Time (8th August)

10am Antonia & Felix Abela

12pm Peter O'Rourke

6pm Philip Bates (Anniv.)

Monday: St Teresa Benedicta of the Cross (Edith Stein), Virgin, Martyr, Patron of Europe (9th Aug.)

9.30am Gordon & Enda Cox RIP

Tuesday: St Lawrence, Deacon & Martyr (10th Aug.)

9.30am Luigi Rabaiotti RIP **PUBLIC ACCESS**

12.15pm Noreen Eddy RIP

Wednesday: St Clare, Virgin (11th August)

9.30am Robert & Annie Hunt

11.00am Funeral Mass for Miss Mary Payne

Thursday: Weekday in Ordinary Time (12th Aug.)

12.15pm Peter Fardy

7-8pm Adoration & Benediction

Friday: Weekday in Ordinary Time (13th Aug.)

9.30am Maisie Molloy

12.15pm Jenny & Linda Hunt

Saturday: Weekday in Ordinary Time (14th August)

12.15pm

1.45pm Sacrament of Baptism

Sunday: Feast of the Assumption of the BVM (15th August)

10am Constance W Lynch & dec'd family members

12pm Mary & Panayioti Angelopoulos RIP

1.30pm Sacrament of Baptism

6pm Intentions for the Thomas Family

The Angelus and Prayer During the Day live-streamed at 12pm daily.

Evening Prayer live-streamed at 7pm daily except Sundays.

Thursday: 7-8pm Adoration & Benediction (including Evening Prayer).

FEASTS OF THE WEEK

Monday 9th August – Feast of St Teresa Benedicta of the Cross (Edith Stein), Virgin and Martyr, Patron of Europe.

Born in 1891 and martyred by the Nazi Regime in 1942. Edith Stein was Jewish by birth and religious practice. She studied philosophy and became the academic assistant to the philosopher Edmund Husserl. She was an original thinker in her own right, lecturing on pedagogy and feminist issues. In 1922 she embraced the Catholic faith and in the following year entered the Carmelite Order at Cologne. It was here that she embraced her religious name of Sister Teresa Benedicta of the Cross. She continued to publish both philosophical and religious books together with many academic articles. She wrote a significant work on the writings of St John of the Cross, the Spanish Carmelite Mystic and Poet of the sixteenth century. She wrote an autobiography entitled 'Life in a Jewish Family'. In the face of increasing persecution of Jews by the Nazi Regime in Germany, Sister Benedicta was moved from Cologne to a convent in The Netherlands. During the Second World War she was eventually identified as an ethnic Jew and arrested. She was sent to the extermination camp at Auschwitz where she was martyred. She forever declared that she died for Christ as an ethnic Jew. She was beatified and canonized by Pope St John Paul II.



Tuesday 10th August – Feast of St Lawrence, Deacon and Martyr.



Pope St Sixtus II ordained Lawrence to the diaconate in 257 AD. Despite his youth, Lawrence was appointed to lead the seven deacons of Rome. Lawrence was entrusted with care of the treasury, a role which included responsibility for distributing funds to the poor. It was at this time that the Emperor Valerian promulgated his edict of persecution against the Church, stating that all bishops, priests and deacons be executed immediately. Pope Sixtus was eventually arrested and executed the following year. Lawrence was also arrested. The Roman Prefect had been made aware that Lawrence had charge of the treasury. The Prefect commanded Lawrence to submit whatever 'treasures' the Church possessed. Lawrence famously pointed to the poor, declaring them to be the 'treasure'. The enraged Prefect ordered Lawrence to be killed at once. Later tradition depicts Lawrence as having been roasted alive on a gridiron. A number of Roman Senators who had witnessed Lawrence's martyrdom embraced the faith soon afterwards. N.B. The central window within the north wall of the sanctuary depicts St Lawrence.

Wednesday 11th August – Memoria of St Clare, Virgin.

St Clare is often termed the 'spiritual daughter' of St Francis. Like Francis, Clare was born in Assisi. She was born 1193 and from her childhood nurtured a deep faith and spiritual devotion. She listened to the teachings of St Francis and resolved to devote herself to his mission and call to conversion. She went to the Portiuncular Church – St Mary of the Angels – that had been restored by Francis and there received the penitential habit.



Francis first insisted that Clare take up residence in a Benedictine Convent. Clare's sister, Agnes, soon joined her in adopting the religious life. Clare attracted a number of other women to her chosen way of life and Francis eventually placed Clare and her companions in a house of their own (alongside his own new Church of San Damiano). This constituted the foundation of the Second Order of Franciscans, the Poor Clares as we better know them. Clare went on to establish a number of other convents across northern Italy. This new order soon spread to Spain and what we now identify as Germany, Austria and Hungary.

Like Francis, Clare was born into a noble family. Following the death of her Father, Clare inherited a small fortune which she transferred in its entirety to the care of the poor. With complete identification with the spirit of Francis, Clare and her companions lived by complete reliance on donated alms. She was renowned for the austerity of her penitential life in conjunction with the magnitude of her enduring joy. She died on the 11th August 1253 and was canonized just two years later by Pope Alexander IV.

Saturday 14th August – Memoria of St Maximilian Kolbe, Priest and Martyr.

The Polish Franciscan was born in 1894. While still young he contracted tuberculosis, an illness that imposed an enduring physical weakness. Despite this affliction, he worked tirelessly and consistently throughout his life. He became a Franciscan Friar, gaining a doctorate in theology. As a Friar he founded the 'Militia of Mary Immaculate' and became heavily involved in publishing religious materials. He published a number of religious magazines that gained a widespread circulation. He worked in Japan and in India but had to return to Poland in 1936 due to ill-health. Soon after the outbreak of the Second World War he was arrested by the Nazi's but was then released. In 1941 he was arrested once again on account of his publications and was this time sent to Auschwitz. On the 31st July ten inmates were randomly chosen to die in reprisal for the escape of a single prisoner. Father Kolbe offered himself in place of a young married man with children. The ten were condemned to death by means of starvation. After two weeks, Kolbe was the last of the group to die. St Maximilian was canonized by St John Paul II in 1981.



PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND
REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY
IF WE EVER EXPECT TO RECEIVE MERCY.

ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

REFERENCE FOR CANDIDATES FOR RECONCILIATION AND FIRST HOLY COMMUNION

*** N.B. THERE WILL BE A MEETINGS FOR ST MARY'S CANDIDATES AND THEIR PARENTS AT ST MARY OF THE ANGELS CHURCH ON TUESDAY 31ST AUGUST AT 4.30pm.

*** N.B. THERE WILL BE A MEETING FOR HOLY FAMILY CANDIDATES AND THEIR PARENTS AT HOLY FAMILY CHURCH ON WEDNESDAY 1ST SEPTEMBER AT 4.30pm.

*** N.B. FIRST CONFESSIONS FOR CANDIDATES FROM ST MARY'S PARISH WILL BE CELEBRATED ON SATURDAY 25TH SEPTEMBER – TIMES AND FORMAT TO BE ARRANGED.

*** N.B. FIRST CONFESSIONS FOR CANDIDATES FROM HOLY FAMILY PARISH WILL BE CELEBRATED ON SATURDAY 2ND OCTOBER – TIMES AND FORMAT TO BE ARRANGED.

THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary,

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary,

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary,

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

RETURNING TO MASS - 'THE DAY OF THE LORD'

“It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist. The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

We face the task of seeking to nurture the sense of Sunday as ‘a weekly gift from God to his people’, and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed.”

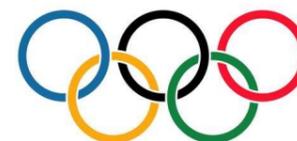
HOLY FAMILY DEFIBRILLATOR

Please consider being trained in the knowledge that you may one day be able to save a life. St Mary's parishioners are welcome to apply for training as well. We already have about a dozen volunteers so we will shortly be arranging training and will inform you when we have the date. Please contact Pat Davey on canton@rcadc.org

Update: Calon Hearts have been inundated with requests for assistance in recent weeks, so we are still awaiting training dates.



CELEBRATING THE OLYMPIC GAMES



As we move into the second week of competition, our attention is drawn away from the swimming pool towards the athletics track. Our particular enthusiasm may have been focused on one of the other disciplines that have been in play. I found myself mesmerised by the skate-boarding. I think I have only once stood on a skate-board and the experience did not last long! I found the equestrian dressage as captivating as ever. The margins between winning and losing have come down to thousandths of a second. The greatest triumph inevitably belongs to those sportsmen and sportswomen who win the gold, silver and bronze medals. However, we acknowledge the effort and sacrifice involved in simply becoming an Olympian. We salute the staggering achievements of all the participants. I have only ever had one Olympian as a parishioner, a hockey player who lived in Chepstow when I was Parish Priest. I think it is about time that I could claim another. Who might it be and in what sport? Time for us all to start the training regime!

REFERENCE FOR CONFIRMATION CANDIDATES

*** N.B. TWO MEETINGS FOR ALL CONFIRMATION CANDIDATES FROM BOTH PARISHES ARE NOW IN THE DIARY:

1. WEDNESDAY 25TH AUGUST, FROM 4.00pm TO 6.00pm, IN ST MARY OF THE ANGELS.
2. WEDNESDAY 8TH SEPTEMBER, FROM 6.30pm TO 8.00pm, IN ST MARY OF THE ANGELS.

*** N.B. THE CELEBRATION OF THE SACRAMENT OF CONFIRMATION WILL TAKE PLACE ON SATURDAY 30TH OCTOBER AT 2.00pm.

THE RITE OF CONFIRMATION

A homily for the celebration of the Sacrament of Confirmation

The Apostles, who had received the Holy Spirit on the day of Pentecost in fulfilment of the Lord's promise, had power to complete the work of Baptism by the giving of the Holy Spirit, as we read in the Acts of the Apostles. When St Paul had laid his hands on certain people who had been baptized, the Holy Spirit came upon them, and they spoke in tongues and prophesied.

The Bishops, as successors of the Apostles, possess the same power and, either in their own right or through Priests lawfully appointed to fulfil this ministry, they confer the Holy Spirit on those who have already been born again in Baptism.

Even if today the coming of the Holy Spirit is no longer widely made manifest by the gift of tongues, we know by faith that the Spirit, through whom the love of God has been poured into our hearts and through whom we are gathered in unity of faith and in diversity of callings, is received by us and is working invisibly to make the Church holy and one.

Dearly beloved candidates, the gift of the Holy Spirit, which you are about to receive, will be a spiritual seal, by which you will be conformed to Christ and will be made more fully members of the Church. For Christ himself, anointed by the Holy Spirit in the baptism he received from John the Baptist, was sent forth for the work of his ministry, to pour out on the earth the fire of the same Spirit.

Therefore, you who are already baptized will now receive the power of his Spirit and be signed with the cross on your foreheads. And so, you must always bear witness to his Passion and Resurrection before the world, so that your manner of life, as the Apostle says, may be in every place the pleasing fragrance of Christ. His Mystical Body, which is the Church, the People of God, receives from him diverse graces, which the same Holy Spirit distributes to individuals for the building up of that Body in unity and love.

Be living members of this Church, therefore, and, under the guidance of the Holy Spirit, seek to serve all people like Christ, who came not to be served but to serve. And now, before you receive the Spirit, call to mind the faith which you professed in Baptism or which your parents and godparents professed with the Church.

The Renewal of Baptismal Promises

Do you renounce Satan, and all his empty promises? I DO.

Do you believe in God, the Father almighty, Creator of heaven and earth? I DO.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, suffered death and was buried, rose again from the dead and is seated at the right hand of the Father? I DO.

Do you believe in the Holy Spirit, the Lord, the giver of life, who today through the Sacrament of Confirmation is given to you in a special way just as he was given to the Apostles on the day of Pentecost? I DO.

Do you believe in the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I DO.

This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord.

AMEN.

The Laying On of Hands

Dearly beloved, let us pray to God the almighty Father, for these, his adopted sons and daughters, already born again to eternal life in Baptism, that he will graciously pour out the Holy Spirit upon them to confirm them with abundant gifts, and through his anointing conform them more fully to Christ, the Son of God.

The Bishop then lays hands on the head of each Candidate

Almighty God, Father of our Lord Jesus Christ, who brought these your servants to new birth by water and the Holy Spirit, freeing them from sin: send upon them, O Lord, the Holy Spirit, the Paraclete; give them the spirit of wisdom and understanding, the spirit of counsel and fortitude, the spirit of knowledge and piety; fill them with the spirit of the fear of the Lord.

Through Christ our Lord. Amen.

The Anointing with Chrism

The Bishop inscribes the Sign of the Cross with Sacred Chrism on the forehead of each candidate as he says:

(Using the chosen Confirmation name of each Candidate) N., BE SEALED WITH THE GIFT OF THE HOLY SPIRIT.

The Candidate replies: AMEN.

The Bishop adds: PEACE BE WITH YOU.

The Candidate replies: AND WITH YOUR SPIRIT.

OUR LADY OF PENRHYS PRAY FOR THE UNBORN

SPUC: You are invited to join members of SPUC at the Shrine of Our Lady of Penrhys on Saturday 14th August at 3pm to pray for the protection of human life from conception to natural death. The latest Government abortion figures for 2020 reveal that 210,860 unborn children were killed by abortion in the UK, the highest number since the 1967 Abortion Act was introduced.

STATISTICS FROM THE WORLD HEALTH ORGANISATION

Worldwide Causes of Death in 2020.

Cardiovascular Diseases: 18,000,000

Cancer: 10,000,000

Covid-19: 1,800,000

Other: 30,000,000

Abortion: 73,300,000

THE GOD WHO SPEAKS

Here are the first two podcasts on two women in Scripture, Ruth and Abigail. Listen to dynamic women in Birmingham talking about these Scripture women and explaining why they have chosen them.

WOMEN IN SCRIPTURE



WOMEN IN SCRIPTURE PODCAST

Our God who Speaks podcast series celebrates the lives and influence of women in Scripture. Natalie Orefice presents a monthly podcast with dynamic women from across Birmingham Diocese, focusing on different Bible heroines.



This series asks who are these biblical women, what made them serve God so faithfully and what can they teach us today? Each podcast is accompanied by extra reading and resources for those who hunger for more.

Who inspires you in the Bible and why? birminghamdiocese.org.uk/women-in-scripture

Our live-streaming facility is now available again on the website. If the problem should arise again, please be aware that you can also access the service via the following link: <https://mcnmedia.tv/Camera/st-mary-of-the-angels>

Costs We have just paid our annual subscription, which amounted to £1,440.

VOLUNTEERS NEEDED

*** Two Volunteer Administrative Assistants:

One two-hour slot on Tuesdays from 10.00.am to 12.00.pm and another two-hour slot on Thursdays from 10.00.am to 12.00.pm. These suggested times are flexible. Can you help?

I AM MOST GRATEFUL TO TWO PARISHIONERS WHO HAVE VOLUNTEERED. I WOULD STILL WELCOME OTHERS WHO MIGHT BE ABLE TO ASSIST.

*** Volunteer(s) to Administer the Piety Stall at St Mary's:

The task would involve opening a stall for access to parishioners before and after 10.00.am Sunday Mass. It would involve ordering stock from our established wholesale suppliers in anticipation of needs – according to liturgical seasons, feasts and sacramental programmes etc. Can you help?

*** Volunteer to Administer the Parish Website:

Each parish within the Archdiocese is linked to a website provider (YOGI Communications) but I need someone with relevant skills who can update our parish website on a regular basis. There is much to discuss regarding ideas on the evolution of our website structure and content. If you are able to offer assistance then please contact me a.s.a.p.

*** Parish Safeguarding Representatives (P.S.R.).

We already have Parish Safeguarding Representatives in St Mary of the Angels (Jack Meggitt-Phillips) and Holy Family (Ellery Hennessy), however, it would be most beneficial to recruit two more parishioners to work alongside them. This is particularly important with regard to St Mary's as Jack is often away in London. If you think you are in a position to assist then please contact me. The role is principally administrative but does involve monitoring the implementation of safeguarding policies and procedures within the parish. This might appear to some to be too intimidating a responsibility, but it should be seen within the context of the P.S.R. assisting the Parish Priest in his overall responsibility for all safeguarding matters.

*** Volunteer to Administer the Parish Safety Toolbox at St Mary's.

The Archdiocese has adopted a computer system that addresses all health and safety issues and monitors the progress of implementation in each parish setting. I need someone with relevant computer skills to undertake this role at St Mary of the Angels. If you think you can help please contact me and I can provide further information on what is involved.

FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:
1st August - Gift aid £50.31 Loose £480.44

St Mary's Standing Orders per week amount to £ 600.00 of which 90% is gift aided.

Parish Offertory Collection at Holy Family:
1st August - Gift aid £112 Loose £161.01

Holy Family Standing Orders per week amount to £ 250.00 of which 95% is gift aided.

WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

These are still unusual times and fewer than 50% of parishioners are currently attending Mass regularly. A large number of parishioners who use the gift aid envelopes are still absent, for a variety of reasons, and this explains to some extent the low proportion of gift aid donations in the weekly cash collections.

If you are a taxpayer, I would encourage you to consider joining the gift aid scheme, which gives a gain of 25% on all your parish contributions. Our current diminished income covers costs but no more so that in both parishes there has been no deposit gain to cover the inevitable backlog of repairs and ongoing capital expenditure. In September, I intend to provide an exact breakdown of the financial situation alongside a projection of essential works and other outgoings over the coming year.

A GIFT FOR FR NICHOLAS UPON HIS DEPARTURE FROM THE PARISHES

As you know, Fr Nicholas will depart from The Priory on the 1st September to take up his appointment as University Chaplain. Fr Nicholas has served the parishes of St Mary of the Angels and Holy Family as Assisting Priest since his ordination to the priesthood three years ago. I first came to know Fr Nicholas nearly twenty years ago when he began attending the Sunday Evening Mass at the Cathedral. I soon called on him to become a Minister of Holy Communion. I kept contact with him when he departed for the South Coast of England to take up a new appointment. It was during this period that he developed his consideration of a possible vocation to the priesthood. I observed his journey from initial discernment to the six-year pathway of his seminary formation. I was delighted to attend his ordination to the diaconate at Oscott and had oversight of his ordination to the priesthood at the Cathedral. I have been blessed by his companionship and support since my arrival at The Priory two years ago. Although I will miss his presence, I am delighted to see transfer to his new appointment. He is well qualified for the role of Chaplain at Cardiff University and the Chaplaincy will flourish under his leadership. Whilst Fr Nicholas is away on holiday I take this opportunity to invite parishioners to contribute to a departure present for him. Could I ask you to place a donation in an envelope, marking it 'For Fr Nicholas', and placing it in the collection baskets over the coming weeks.

N.B. THERE WILL BE A PRESENTATION TO FR NICHOLAS AFTER THE 10.00.AM MASS ON SUNDAY 29TH AUGUST.

FROM DEACON MAURICE – APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. (mfscanlon@hotmail.co.uk or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: mfscanlon@hotmail.co.uk or Neil O'Toole on 07860647367 or email: neilgot@me.com Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

Account name: Archdiocese of Cardiff

Sort code: 20-18-23 (for both)

St Mary's Acc No: 03285375

Holy Family Acc No: 63656861

EXAUDI – A NEW INTERNATIONAL CATHOLIC NEWS AGENCY

I wish to highlight the launch of EXAUDI, a new international Catholic News Agency. It has been created as part of the Church's effort to promulgate a 'New Evangelisation' in the contemporary environment, particularly in response to the influence of atheistic secularism.

EXAUDI will seek to present information, opinion and analysis regarding the mission of the Church worldwide. Please reference the following website: <https://www.exaudi.org>