

## RECENTLY DIED

Please pray for the eternal repose of the following:

**Mr Francis Fedeli R.I.P.** - The Funeral Service will be celebrated at Thornhill Crematorium on Thursday 26<sup>th</sup> August at 10.15.am.

**Mrs Marissa Sheppard R.I.P.** - The Funeral Service will be celebrated at St Mary's on Friday 3<sup>rd</sup> September at 12.30pm.

**Mrs Sheila Ferriter R.I.P.,** mother of Holy Family parishioner Helen Smith. Her Funeral will take place in Christ the King.



Eternal rest grant unto them,  
O Lord,  
and let perpetual light  
shine upon them.  
May they rest in peace.  
Amen.

## Pray for the Sick

**Holy Family:** Catherine Driscoll, Kay & Paul Parris, Bernard Perry, Mary Bodman, Valentine, Collette Griffin, Vivian Miller, Brian Webster, Henry Fernandez, Hanna Marengi, Susanna, Martin, Chris Collins, Sharon Dobson, Joseph Stancombe.

**St Mary's:** Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, Patricia Sadka, Mary Williams, Donald Rees, Michael McLoughlin.

### Readings continued

Most of those who followed Jesus were craving more miracles but they did not perceive that the greatest miracle is the imparting of the Bread of Life. The Holy Eucharist captures the life, death and resurrection of Jesus Christ. Do we have the faith to recognise what is imparted? Do we have the faith to believe what was taught? Do we have the courage to embrace the implications of what we receive?

After hearing his doctrine many of the followers of Jesus said, "This is intolerable language. How could anyone accept it?" Jesus knew from the outset those who did not believe, and who it was that would betray him.

"What about you, do you want to go away too?"  
"Peter answered, "Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God."

## Parish Contacts

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Parishes of St. Mary's and Holy Family  
new email address is: [canton@rcadc.org](mailto:canton@rcadc.org)

**Canon Peter Collins**

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**Monsignor Canon John Maguire**

Retired Priest in Residence at Holy Family

Website: [cardiffwestcatholics.org.uk](http://cardiffwestcatholics.org.uk)

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

**St Mary's SVP** contact number 07731847622.

### Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

### Primary Headteachers:

#### Holy Family

Mrs Louise Mills Tel: 20565354

#### St. Mary's

Miss Claire Russell Tel: 2022 5680

### Secondary Headteachers:

#### Corpus Christi

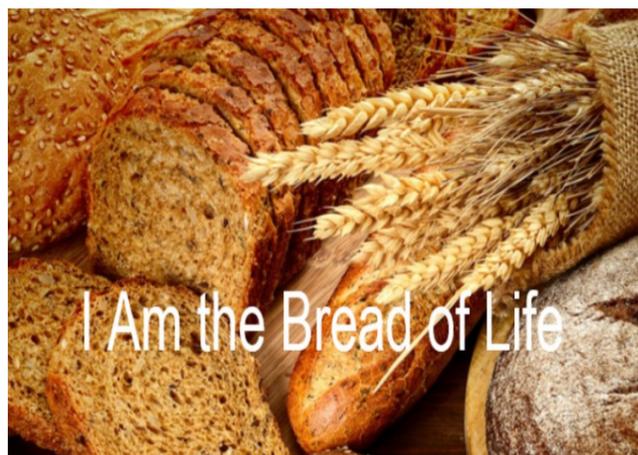
Mr Patrick Brunnock Tel: 20761893

#### Mary Immaculate

Mr Huw Powell Tel: 2059 3465

#### St David's 6th Form College

Mr Mark Leighfield Tel: 20498555



# Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

22nd - 29th August 2021 21st Sunday of Ordinary Time (Cycle B)

### Readings for the 21st Sunday of Ordinary Time

Joshua 24:1-2, 15-18.

Joshua calls for the tribes of Israel to assemble at Shechem (Sichem) so that they can renew their dedication to the Covenant. Joshua reminds the people that they had suffered severe persecution in Egypt for generations before Moses was appointed by God to lead them to freedom. Pharaoh threatened Israel with extinction but God liberated his chosen people. The forty years of wandering in the desert was meant to remind Israel of its dependence on God. Although each individual member of the nation is reliant on God's grace and mercy there developed a pattern of attitudinal dissatisfaction and rebellion. Now that Israel has reached its destination in the 'Promised Land' all must resist the temptation to forget how their history has been fashioned by the providential action of God. In the midst of our relatively comfortable existence, we must renew our awareness of our own reliance on the same providence. How tempting to exalt the self, to highlight our capacities and achievements whilst eradicating any recognition of our incapacities and failings. Are we sufficiently aware of how dependent we are on God's providence? "We have no intention of deserting the Lord and serving other gods! Was it not the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed."

Psalm 33.

Taste and see that the Lord is good.

Ephesians 5:21-32.

Today's extract from the Letter to the Ephesians is easily interpreted as controversial. The letter was probably not written by Paul but is closely allied to his thinking and teaching. Paul was undoubtedly confined by the sociology of his age. As we read today's extract we should not be diverted from the actual focus of the content, that Christ sacrificed himself for us - the Church. Husbands and wives must sacrifice themselves for each other within the covenant of marriage. All the disciples of Christ, every member of the Church, must embrace the sacrifice of Christ. There must be an organic and indissoluble link between ourselves and the eternal covenant established by Christ in his sacrifice and triumph.

"Give way to one another in obedience to Christ."

"... Christ loved the Church and sacrificed himself for her to make her holy."

Alleluia. Alleluia!

Your words are spirit, Lord, and they are life: you have the message of eternal life.

Alleluia!

John 6:60-69.

Today's extract from Chapter 6 of St John's Gospel brings us to the conclusion of the great discourse on the Bread of Life. The opening of the discourse saw Jesus chide his disciples for demanding 'material' miracles. The discourse ends with Jesus reiterating the fact that "the flesh has nothing to offer; it is the spirit that gives life." Jesus is THE revelation, he is THE food that satisfies, he is THE BREAD OF LIFE.

Continued opposite

## Holy Family Masses

**Sunday: 21st Sunday of Ordinary Time (22nd Aug.)**

6pm Vigil Mass Bill Huntley (Anniversary)

11am Mrs Isabel Clifford RIP

(Sacrament of Baptism during Mass)

**Thursday: (26th August)**

9.30am Special Intention (Ingrid & Daz Lewis)

**Sunday: 22nd Sunday of Ordinary Time (29th Aug.)**

6pm Vigil Mass Gianni Pegoraro

11am Sheila Ferriter RIP

12.30pm Sacrament of Baptism

## St Mary's Masses

**Sunday: 21st Sunday of Ordinary Time (22nd Aug.)**

10am Maria & Sotiri Psaila

12pm Mrs Betty Murphy (Recovery)

6pm Margaret Harper RIP

**Monday: Weekday in Ordinary Time (23rd Aug.)**

9.30am Shirley Fardy

**Tuesday: St Bartholomew, Apostle (24th Aug.)**

9.30am Michael Maher

**Wednesday: Weekday in Ordinary Time (25th Aug.)**

9.30am Private Intention (Blannin Family)

**Thursday: St David Lewis, Priest, Martyr (26th Aug.)**

7-8pm Adoration & Benediction

**Friday: St Monica (27th Aug.)**

9.30am Ursula Cunliffe

**Saturday: St Augustine, Bishop and Doctor of the Church (28th August)**

9.30am Intentions of Catherine Macey

12.00pm Sacrament of Marriage

**Sunday: 22nd Sunday of Ordinary Time (29th Aug.)**

10am Sam Cross

12pm John & Julie Behnan

1.30pm Sacrament of Baptism

6pm Dec'd members of Foster/Madden Families

**The Angelus and Prayer During the Day live-streamed at 12pm daily.**

**Evening Prayer live-streamed at 7pm daily except Sundays.**

**Thursday: 7-8pm Adoration & Benediction (including Evening Prayer).**

**Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.**

## FEASTS OF THE WEEK

Tuesday 24<sup>th</sup> August – Feast of St Bartholomew, Apostle.



There is general agreement that we can identify Bartholomew (Son of Tolmai) with Nathaniel, he who was brought to Jesus by Philip. The Synoptic Gospels call him Bartholomew and John's Gospel names him Nathaniel. Many Fathers of the Church, particularly Eusebius, declare that Bartholomew preached the faith in Asia following the Ascension of the Lord. Eusebius describes a tradition where St Pantaenus of Alexandria reaches India during the second half of the second century and is there handed a copy of St Matthew's Gospel in Hebrew that was said to have been brought by St Bartholomew. Others say he went to Lycaonia or Armenia. Bartholomew is said to have been martyred for confronting idolatry. His martyrdom came by being flayed alive. His relics are said to reside in the church dedicated to his name on the island in the midst of the River Tiber in Rome.

Thursday 26<sup>th</sup> August – Memoria of St David Lewis, Priest and Martyr.

David Lewis was born in Abergavenny, Monmouthshire, in 1616. His mother, Margaret, was a Catholic. David's eight siblings were nurtured in the Catholic faith but David was nurtured as a Protestant by his father. David's father, Morgan, was Headmaster at the local Royal Grammar School and David was educated there. Morgan Lewis would himself later convert to the Catholic faith.



David Lewis became a student of law at the Middle Temple but soon left London for Paris where he embraced the Catholic faith at the age of sixteen. Following the death of both his parents, his uncle, a Jesuit, arranged for David to become a student for the priesthood at the Venerable English College in Rome. The College diaries describe him as 'prudent and pious'. The 'Liber Ruber' of the College records the following: "Charles Baker (vere David Lewis), a South Welshman, of the County of Monmouth, aged 21, was admitted as an alumnus on the 6<sup>th</sup> November 1638." He was ordained to the priesthood on the 20<sup>th</sup> July 1642 and formally entered the Society of Jesus on the 16<sup>th</sup> April 1644.

His first appointment was to become the Spiritual Director of the College, testimony to his spiritual stature. David was sent to work in the English and Welsh Mission in 1648. He would labour in South Wales and Herefordshire for the following thirty-one years. He was based at 'The Cwm', two farmhouses occupied by the Jesuits in Herefordshire, just over the border from Monmouth. He became known as 'Father of the Poor'.

Fr Lewis was eventually betrayed by a former friend, the magistrate John Arnold. On Sunday 17<sup>th</sup> November 1678 Fr Lewis was preparing to celebrate Mass at daybreak in Llantarnam Abbey near Newport. Six armed men broke in and arrested him. Lewis had become a victim of the falsehoods promulgated by Titus Oates who perpetrated what became known as the Popish Plot. Fr David Lewis was referred to as 'the pretended Bishop of Llandaff'. The implication being that the Pope was appointing bishops in direct contradiction to the English Crown and State.

On the 13<sup>th</sup> January 1679 he was moved from Monmouth to Usk. On the 16<sup>th</sup> March 1679 he faced trial at the Lenten Assizes back in Monmouth. He was condemned simply for being a priest. He was taken to Newgate Prison in London to face questioning concerning the fictitious Plot initiated by Oates. When no evidence could be established, Lewis was returned to Usk. He was eventually executed by hanging on the 27<sup>th</sup> August 1679. His body was spared being quartered. Due to the magnitude of local respect for the man, Fr David Lewis was buried close to the entrance of the Priory Church in Usk. He was the last of the Forty Martyrs.

Friday 27<sup>th</sup> August – Memoria of St Monica.

Monica was born in 333 AD. As a young girl she was married to Patricius, a pagan Roman Citizen of Tagaste. Patricius was renowned for his bad temper and ill-treatment of his wife. By means of her patience and the example of her other virtues, Monica eventually brought her husband into the Church though he died just one year after his baptism. Monica had three children: Augustine, Navigius and Perpetus. They were all enrolled as catechumens during their infancy.



Augustine was seventeen when Patricius died in 371. Augustine lived a dissolute life and was tempted by a number of heretical tendencies, most particularly Manicheism. Augustine left North Africa for Italy, lying to his mother regarding the date so that he could travel alone. He went first to Rome and then onward to Milan. Monica followed him and found him in Milan. In previous years Monica had argued with Augustine but she finally simply relied on her prayers for his conversion. The local Archbishop of Milan, St Ambrose, knew Monica well and he exerted some influence over Augustine but did not manage to fully convert him. Monica was granted the joy of seeing her son Augustine return to the path of true Christian faith in 386. In the following year Augustine accepted baptism at the hands of Ambrose during the Easter Vigil.

Monica wanted Augustine to marry but he decided to conduct a celibate life. Augustine decided to return to his homeland in North Africa and set out in company with Monica. She would not complete the journey, meeting her death when they reached Ostia, the port of Rome. We discover most about St Monica in 'The Confessions' of her son Augustine.

Saturday 28<sup>th</sup> August – Memoria of St Augustine, Bishop and Doctor of the Church.



Following his mother's feast, we today celebrate the Memoria of St Augustine. He was born on the 13<sup>th</sup> November 354 at Tagaste, located in modern Algeria in North Africa. Despite having been enrolled as a Catechumen in his infancy and lovingly nurtured by his devoted Christian mother, St Monica, Augustine began to live a dissolute life from his early adolescence. He studied law at Carthage but later abandoned this and established his own school of rhetoric in that great city. Augustine embraced the patterns of Platonic philosophy and gradually abandoned his Christian faith. He then increasingly fell under the influence of the heretical Manicheans. He lived with a mistress for fifteen years, with whom he had a son, Adeodatus. We have an account above of his move to Italy and his eventual conversion and baptism.

Following the death of his mother, Augustine returned to Carthage in 388. He then moved back to Tagaste and began to live a communal life with a group of friends. He was ordained to the priesthood in 390 or 391 and moved to Hippo where he established another quasi-monastic community. Five years later he was ordained as a Bishop, coadjutor to Bishop Valerius of Hippo. When Valerius died the following year, Augustine succeeded him.

Augustine was dedicated in his pastoral and theological work. He had a brilliant intellect, an ardent temperament and a mystical spiritual insight. In all humility, Augustine wrote his 'Confessions' in 397. He wrote many outstanding works including the magnificent De Trinitate (Trinity) and the influential De Civitate Deo (City of God). He is recognised as the greatest of the Western Fathers of the Church. He effectively defended the faith against the Manicheans, the Donatists, the Pelagians and other heretical strands. Shortly before his death he had to endure the invasion of North Africa by the Vandals under Genseric. Augustine died on the 28<sup>th</sup> August 430.

## EMERGENCE FROM THE PANDEMIC RESTRICTIONS

HAVING CONDUCTED OUR OWN PARTICULAR PARISH RISK ASSESSMENTS, I CAN ANNOUNCE THE FOLLOWING OUTCOMES:

1. PUBLIC ACCESS TO DAILY MASS.
2. REMOVAL OF THE COMPULSORY TWO-METRE DISTANCE RULE: I encourage parishioners to remain alert to the sensitivities of those who wish to maintain some distance.
3. CHANGES TO CLEANSING PROTOCOLS: We will periodically employ the machines for cleansing.
4. MAINTENANCE OF THE REQUIREMENT TO SANITISE HANDS AS YOU ENTER THE CHURCH.
5. MAINTENANCE OF THE REQUIREMENT TO WEAR A FACE MASK.
6. MAINTENANCE OF THE REQUIREMENT TO RECEIVE THE SACRED HOST ON THE HAND.
7. MAINTENANCE OF THE RESTRICTIONS REGARDING DISTRIBUTION OF THE PRECIOUS BLOOD.
8. VIGILANCE REGARDING OUR OWN HEALTH AND OUR DUTY IN HELPING TO PROTECT THE WELL-BEING OF OTHERS: We will all need to employ a degree of spatial awareness and discretion as we take our seats and as we move around the Church, particularly when processing to the Sanctuary to receive Holy Communion. Instructions will be given from the Sanctuary.

## THE THURSDAY EVENING HOLY HOUR AT ST MARY OF THE ANGELS

The Thursday evening Holy Hour of Eucharistic Adoration and Benediction will once again be open for public access. This coming Thursday Fr Nicholas will be Celebrant as our Holy Hour will be dedicated to prayer for vocations to the priesthood within our Archdiocese. A number of other Clergy will join us together with our two seminarians, Deacon Elliot Hanson and Dale Cutlan.

## THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY IF WE EVER EXPECT TO RECEIVE MERCY.

## ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

## THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary, ... .

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary, ... .

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary, ... .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

## REFERENCE FOR CANDIDATES FOR RECONCILIATION AND FIRST HOLY COMMUNION

\*\*\* N.B. THERE WILL BE A MEETINGS FOR ST MARY'S CANDIDATES AND THEIR PARENTS AT ST MARY OF THE ANGELS CHURCH ON TUESDAY 31<sup>ST</sup> AUGUST AT 4.30pm.

\*\*\* N.B. THERE WILL BE A MEETING FOR HOLY FAMILY CANDIDATES AND THEIR PARENTS AT HOLY FAMILY CHURCH ON WEDNESDAY 1<sup>ST</sup> SEPTEMBER AT 4.30pm.

\*\*\* N.B. FIRST CONFESSIONS FOR CANDIDATES FROM ST MARY'S PARISH WILL BE CELEBRATED ON SATURDAY 25<sup>TH</sup> SEPTEMBER – TIMES AND FORMAT TO BE ARRANGED.

\*\*\* N.B. FIRST CONFESSIONS FOR CANDIDATES FROM HOLY FAMILY PARISH WILL BE CELEBRATED ON SATURDAY 2<sup>ND</sup> OCTOBER – TIMES AND FORMAT TO BE ARRANGED.

## RETURNING TO MASS - 'THE DAY OF THE LORD'

“It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist. The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

We face the task of seeking to nurture the sense of Sunday as ‘a weekly gift from God to his people’, and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed.”

## THE OUTSTANDING SERVICE OF OUR COHORT OF STEWARDS

I cannot fully express my gratitude to our cohort of stewards across both parishes who have served us so well over the past year. They have facilitated our ability to celebrate, week-in and week-out. I have previously advertised the expressed opinions of all the Funeral Directors who declared that our two parishes employed the best protocols and the best operational practices. I am particularly grateful to Fr Nicholas who did so much to establish our protocols in accordance with all the directives. I intend to treat our stewards to a celebratory meal at some stage in the near future.

## HIP, HIP, HURRAH FOR OUR STEWARDS.

Our live-streaming facility is now available again on the website. If the problem should arise again, please be aware that you can also access the service via the following link: <https://mcnmedia.tv/Camera/st-mary-of-the-angels>

## VOLUNTEERS NEEDED

\*\*\* Two Volunteer Administrative Assistants:

One two-hour slot on Tuesdays from 10.00.am to 12.00.pm and another two-hour slot on Thursdays from 10.00.am to 12.00.pm. These suggested times are flexible. Can you help?  
I AM MOST GRATEFUL TO TWO PARISHIONERS WHO HAVE VOLUNTEERED.  
I WOULD STILL WELCOME OTHERS WHO MIGHT BE ABLE TO ASSIST.

\*\*\* Volunteer(s) to Administer the Piety Stall at St Mary's:

The task would involve opening a stall for access to parishioners before and after 10.00.am Sunday Mass. It would involve ordering stock from our established wholesale suppliers in anticipation of needs – according to liturgical seasons, feasts and sacramental programmes etc. Can you help?

\*\*\* Volunteer to Administer the Parish Website:

Each parish within the Archdiocese is linked to a website provider (YOGI Communications) but I need someone with relevant skills who can update our parish website on a regular basis. There is much to discuss regarding ideas on the evolution of our website structure and content. If you are able to offer assistance then please contact me a.s.a.p.

N.B. I AM MOST GRATEFUL TO THE PARISHIONER WHO HAS VOLUNTEERED TO ASSIST WITH THIS PROJECT.

\*\*\* Parish Safeguarding Representatives (P.S.R.).

We already have Parish Safeguarding Representatives in St Mary of the Angels (Jack Meggitt -Phillips) and Holy Family (Ellery Hennessy), however, it would be most beneficial to recruit two more parishioners to work alongside them. This is particularly important with regard to St Mary's as Jack is often away in London. If you think you are in a position to assist then please contact me. The role is principally administrative but does involve monitoring the implementation of safeguarding policies and procedures within the parish. This might appear to some to be too intimidating a responsibility, but it should be seen within the context of the P.S.R. assisting the Parish Priest in his overall responsibility for all safeguarding matters.

N.B. I AM MOST GRATEFUL TO THE TWO PARISHIONERS WHO HAVE VOLUNTEERED TO JOIN THE PARISH SAFEGUARDING TEAM.

\*\*\* Volunteer to Administer the Parish Safety Toolbox at St Mary's.

The Archdiocese has adopted a computer system that addresses all health and safety issues and monitors the progress of implementation in each parish setting. I need someone with relevant computer skills to undertake this role at St Mary of the Angels. If you think you can help please contact me and I can provide further information on what is involved.

N.B. I AM MOST GRATEFUL TO THE PARISHIONER WHO HAS VOLUNTEERED TO ASSIST WITH THIS PROJECT.

## THE TOKYO PARALYMPICS



Having just recovered from the Olympics we now embrace the Paralympics. As we marvel at the sportsmen and sportswomen who will push themselves to the limit, in search of a personal best if not a medal, let us attend to our health and wellbeing by walking a little further or running a little faster.

## REFERENCE FOR CONFIRMATION CANDIDATES

\*\*\* N.B. TWO MEETINGS FOR ALL CONFIRMATION CANDIDATES FROM BOTH PARISHES ARE NOW IN THE DIARY:

1. WEDNESDAY 25<sup>TH</sup> AUGUST, FROM 4.00pm TO 6.00pm, IN ST MARY OF THE ANGELS.
2. WEDNESDAY 8<sup>TH</sup> SEPTEMBER, FROM 6.30pm TO 8.00pm, IN ST MARY OF THE ANGELS.

\*\*\* N.B. THE CELEBRATION OF THE SACRAMENT OF CONFIRMATION WILL TAKE PLACE ON SATURDAY 30<sup>TH</sup> OCTOBER AT 2.00pm.

## THE RITE OF CONFIRMATION

### A homily for the celebration of the Sacrament of Confirmation

The Apostles, who had received the Holy Spirit on the day of Pentecost in fulfilment of the Lord's promise, had power to complete the work of Baptism by the giving of the Holy Spirit, as we read in the Acts of the Apostles. When St Paul had laid his hands on certain people who had been baptized, the Holy Spirit came upon them, and they spoke in tongues and prophesied.

The Bishops, as successors of the Apostles, possess the same power and, either in their own right or through Priests lawfully appointed to fulfil this ministry, they confer the Holy Spirit on those who have already been born again in Baptism.

Even if today the coming of the Holy Spirit is no longer widely made manifest by the gift of tongues, we know by faith that the Spirit, through whom the love of God has been poured into our hearts and through whom we are gathered in unity of faith and in diversity of callings, is received by us and is working invisibly to make the Church holy and one.

Dearly beloved candidates, the gift of the Holy Spirit, which you are about to receive, will be a spiritual seal, by which you will be conformed to Christ and will be made more fully members of the Church. For Christ himself, anointed by the Holy Spirit in the baptism he received from John the Baptist, was sent forth for the work of his ministry, to pour out on the earth the fire of the same Spirit.

Therefore, you who are already baptized will now receive the power of his Spirit and be signed with the cross on your foreheads. And so, you must always bear witness to his Passion and Resurrection before the world, so that your manner of life, as the Apostle says, may be in every place the pleasing fragrance of Christ. His Mystical Body, which is the Church, the People of God, receives from him diverse graces, which the same Holy Spirit distributes to individuals for the building up of that Body in unity and love.

Be living members of this Church, therefore, and, under the guidance of the Holy Spirit, seek to serve all people like Christ, who came not to be served but to serve. And now, before you receive the Spirit, call to mind the faith which you professed in Baptism or which your parents and godparents professed with the Church.

### The Renewal of Baptismal Promises

Do you renounce Satan, and all his empty promises? I DO.

Do you believe in God, the Father almighty, Creator of heaven and earth? I DO.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, suffered death and was buried, rose again from the dead and is seated at the right hand of the Father? I DO.

Do you believe in the Holy Spirit, the Lord, the giver of life, who today through the Sacrament of Confirmation is given to you in a special way just as he was given to the Apostles on the day of Pentecost? I DO.

Do you believe in the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I DO.

This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord.

AMEN.

### The Laying On of Hands

Dearly beloved, let us pray to God the almighty Father, for these, his adopted sons and daughters, already born again to eternal life in Baptism, that he will graciously pour out the Holy Spirit upon them to confirm them with abundant gifts, and through his anointing conform them more fully to Christ, the Son of God.

### The Bishop then lays hands on the head of each Candidate

Almighty God, Father of our Lord Jesus Christ, who brought these your servants to new birth by water and the Holy Spirit, freeing them from sin: send upon them, O Lord, the Holy Spirit, the Paraclete; give them the spirit of wisdom and understanding, the spirit of counsel and fortitude, the spirit of knowledge and piety; fill them with the spirit of the fear of the Lord.

Through Christ our Lord. Amen.

### The Anointing with Chrism

The Bishop inscribes the Sign of the Cross with Sacred Chrism on the forehead of each candidate as he says:

(Using the chosen Confirmation name of each Candidate) N., BE SEALED WITH THE GIFT OF THE HOLY SPIRIT.

The Candidate replies: AMEN.

The Bishop adds: PEACE BE WITH YOU.

The Candidate replies: AND WITH YOUR SPIRIT.

## FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:  
1st August - Gift aid £50.31 Loose £480.44

St Mary's Standing Orders per week amount to £ 600.00 of which 90% is gift aided.

Parish Offertory Collection at Holy Family:  
1st August - Gift aid £302 Loose £128.66

Holy Family Standing Orders per week amount to £ 250.00 of which 95% is gift aided.

### WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

These are still unusual times and fewer than 50% of parishioners are currently attending Mass regularly. A large number of parishioners who use the gift aid envelopes are still absent, for a variety of reasons, and this explains to some extent the low proportion of gift aid donations in the weekly cash collections.

If you are a taxpayer, I would encourage you to consider joining the gift aid scheme, which gives a gain of 25% on all your parish contributions. Our current diminished income covers costs but no more so that in both parishes there has been no deposit gain to cover the inevitable backlog of repairs and ongoing capital expenditure. In September, I intend to provide an exact breakdown of the financial situation alongside a projection of essential works and other outgoings over the coming year.

### NEW ELECTRONIC DONATION STATION AT ST MARY OF THE ANGELS

Our new electronic donation station is now operational at St Mary of the Angels. It is currently located within the entrance porch. The display screen offers clear instructions for use. You can make a donation securely either by the contactless method or by inserting your card and using your PIN.

### A GIFT FOR FR NICHOLAS UPON HIS DEPARTURE FROM THE PARISHES

I am very grateful to all those in both parishes who have contributed to our collection for Fr Nicholas. This weekend will be the last opportunities to contribute by placing your donation in an envelope that should be marked 'Gift for Fr Nicholas'.

N.B. THERE WILL BE A PRESENTATION TO FR NICHOLAS AFTER THE 10.00AM MASS ON SUNDAY 29<sup>TH</sup> AUGUST.

### DEFIBRILLATOR TRAINING

We are still awaiting training dates for using the defibrillator. Please remember that you can put your name down for training whether you are a parishioner of Holy Family or St Mary's.

Contact [canton@rcadc.org](mailto:canton@rcadc.org).



## FROM DEACON MAURICE – APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. ([mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: [mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or Neil O'Toole on 07860647367 or email: [neilgot@me.com](mailto:neilgot@me.com) Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

### BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

### EXAUDI – A NEW INTERNATIONAL CATHOLIC NEWS AGENCY

I wish to highlight the launch of EXAUDI, a new international Catholic News Agency. It has been created as part of the Church's effort to promulgate a 'New Evangelisation' in the contemporary environment, particularly in response to the influence of atheistic secularism.

EXAUDI will seek to present information, opinion and analysis regarding the mission of the Church worldwide. Please reference the following website: <https://www.exaudi.org>