

## RECENTLY DIED

Please pray for the eternal repose of the following:

**Mrs Marissa Sheppard R.I.P.** - The Funeral Service will be celebrated at St Mary's on Friday 3<sup>rd</sup> September at 12.30pm.



Eternal rest grant unto her, O Lord,  
and let perpetual light shine upon her.  
May she rest in peace.  
Amen.

## Pray for the Sick

**Holy Family:** Catherine Driscoll, Kay & Paul Parris, Bernard Perry, Mary Bodman, Valentine, Collette Griffin, Vivian Miller, Brian Webster, Henry Fernandez, Hanna Marengi, Susanna, Martin, Chris Collins, Sharon Dobson, Joseph Stancombe.

**St Mary's:** Fr Christopher Delaney, Bethan Williams, Jean Allen, Madison Lane, Marian Lamb, Nadasiri Ifada, Cecily Hughes, James Church, Anthony Jackson, Tom Hopkins, Margaret Griffiths, Joanne Coakley, Helen Ward, Carina Foster, Ben Foster, Maria Sullivan, Phyllis Shannon, Mary D'Alpa, Patricia Sadka, Mary Williams, Donald Rees, Michael McLoughlin.

### Readings continued

Mark 7:1-8, 14-15, 21-23.

Jesus powerfully criticises the Pharisees for their willingness to undermine the nobility of the Book of Deuteronomy. Jesus declares that the Pharisees have reduced 'The Law' to an idol. They have separated the law from its cohesive spirit; they have reduced the law to a codification of isolated details that can only be interpreted in terms of a literal minimalism. Jesus makes clear that one can only understand the law outside the context of the love revealed by the law-giver. The law can become tyrannical without this context. Legalism can lead us to impose limits on our generosity, the contradiction of what the law is meant to establish.

"Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: ..."

## Parish Contacts

The Priory 67 Talbot St. Canton, Cardiff

tel: (029) 20 230 492

Parishes of St. Mary's and Holy Family  
new email address is: [canton@rcadc.org](mailto:canton@rcadc.org)

**Canon Peter Collins**

e-mail: [peter.collins@rcadc.org](mailto:peter.collins@rcadc.org)

**Fr Nick Williams**

e-mail: [nicholas.williams@rcadc.org](mailto:nicholas.williams@rcadc.org)

**Deacon Professor Maurice Scanlon**

e-mail: [maurice.scanlon@rcadc.org](mailto:maurice.scanlon@rcadc.org)

tel (029) 2021 2651

**Deacon Christian Mahoney**

E-mail: [christianmahoney2@gmail.com](mailto:christianmahoney2@gmail.com)

tel 07764515864

**Monsignor Canon John Maguire**

Retired Priest in Residence at Holy Family

Website: [cardiffwestcatholics.org.uk](http://cardiffwestcatholics.org.uk)

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

**St Mary's SVP** contact number 07731847622.

### Parish Safeguarding Reps

Mrs Ellery Hennessy (Holy Family)

Mr Jack Meggitt-Phillips (St Mary of the Angels)

### Primary Headteachers:

#### Holy Family

Mrs Louise Mills Tel: 20565354

#### St. Mary's

Miss Claire Russell Tel: 2022 5680

### Secondary Headteachers:

#### Corpus Christi

Mr Patrick Brunnock Tel: 20761893

#### Mary Immaculate

Mr Huw Powell Tel: 2059 3465

#### St David's 6th Form College

Mr Mark Leighfield Tel: 20498555



# Holy Family & St Mary of the Angels

Keyston Rd, Fairwater CF5 3NP

Kings Rd, Canton CF11 9BX

29th August-5th September 2021 22nd Sunday of Ordinary Time (Cycle B)

## Readings for the 22nd Sunday of Ordinary Time

Deuteronomy 4:1-2, 6-8.

How easy it is for the contemporary mind to define freedom in anarchic terms, as a rejection of law, a rejection of any objective and substantive restraint. The Hebrew understanding of 'The Law' (the law of God given through Moses) is that it constitutes the revelation of God. It is the law, therefore, which sets us free. The prohibitions of the law relate to all those things that actually enslave us. The overwhelming thrust of contemporary philosophy and culture denies the existence of God and so denies the existence of any kind of truth that is universally applicable. For us Christians, what God has revealed of himself also reveals the nature and purpose of our existence. What God reveals is his love for us, defined in terms of liberation not restriction. When the contemporary world denies 'The Law' of God, it constitutes most explicitly the desire to deny the existence of sin. The Book of Deuteronomy is not some mere long 'prescription of legalistic restrictions', but the glorious declaration that God alone can set us free.

"Now, Israel, take notice of the laws and customs that I teach you today, and observe them, ..."

"You must add nothing to what I command you, and take nothing from it, ..."

Psalm 14.

The just will live in the presence of the Lord.

James 1:17-18, 21-22, 27.

One could rightly declare that the Letter of St James is the most Jewish of all the writings found in the New Testament. Luther rejected the Letter of St James for it contradicts the declaration that 'we are saved by faith alone'. The Letter makes clear that there is no contradiction between faith and works. Good works make manifest the faith we profess, indeed, good works are the necessary manifestation of our faith. Of course, faith is first and foremost our submission to what God has fully revealed in Jesus Christ. This Letter of St James represents that earliest sense of Christianity simply but profoundly fulfilling Judaism, not merely replacing it.

"It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; ..."

"But you must do what the word tells you, and not listen to it and deceive yourselves."

"... come to the help of orphans and widows when they need it, and keep yourself uncontaminated by the world."

Alleluia. Alleluia!

Your words are spirit, Lord, and they are life: you have the message of eternal life.

Alleluia!

Continued opposite

## Holy Family Masses

**Sunday: 22nd Sunday of Ordinary Time (29th Aug.)**

6pm Vigil Mass Gianni Pegoraro

11am Sheila Ferriter RIP

12.30pm Sacrament of Baptism

**Thursday: (2nd September)**

9.30am Jim Ballard (Anniversary)

**Sunday: 23rd Sunday of Ordinary Time (5th Sept.)**

6pm Vigil Mass Dan & Mary Fitzmaurice (Anniv.)

11am Michael McMahon

## St Mary's Masses

**Sunday: 22nd Sunday of Ordinary Time (29th Aug.)**

10am Sam Cross

12pm John & Julie Behnan

1.30pm Sacrament of Baptism

6pm Dec'd members of Foster/Madden Families

**Monday: Weekday in Ordinary Time (30th Aug.)**

9.30am Kitty Heald intentions

**Tuesday: Weekday in Ordinary Time (31st Aug.)**

9.30am Bella & Family intentions

**Wednesday: Weekday in Ordinary Time (1st Sept.)**

9.30am Kevin O'Sullivan

**Thursday: Weekday in Ordinary Time (2nd Sept.)**

7-8pm Adoration & Benediction

**Friday: St Gregory the Great,**

**Pope and Doctor of the Church (3rd September)**

9.30am S Sueref

**12.30pm** Funeral Service for Mrs Marissa Sheppard

**Saturday: Weekday in Ordinary Time (4th Sept.)**

12.15pm Fr Denis Keating OP RIP

**Sunday: 23rd Sunday of Ordinary Time (5th Sept.)**

10am Dennis Richards RIP

12pm Mary Coyle (Mollie)

6pm Francis Fedeli RIP

**The Angelus and Prayer During the Day** live-streamed at 12pm daily.

**Evening Prayer** live-streamed at 7pm daily except Sundays.

**Thursday: 7-8pm Adoration & Benediction (including Evening Prayer).**

**Confessions on Saturday 10am to 11am. Access to the children's liturgy room via the side gate.**

## FEAST OF THE WEEK

Friday 3<sup>rd</sup> September – Memoria: St Gregory the Great, Pope and Doctor of the Church.



St Gregory the Great, Pope and Doctor of the Church, is often called the apostle of the English for his having sent St Augustine and his companions to these shores. He was born in 540 at Rome, the son of a rich and influential Roman Senator, Gordianus (who himself later renounced the world and became one of the seven deacons of Rome).

As a young man Gregory entered the service of the State, soon being appointed Chief Magistrate of Rome by the Emperor Justin the Younger. In the year 573 he decided to sell his property and

employed his wealth to establish six monasteries in Sicily and a seventh in the City of Rome, all of them dedicated to the Rule of St Benedict coupled with elements from the eastern Rule of St Basil. He also diverted a significant amount to the support of the poor. The monastery he established in Rome was located on the Celian Hill and dedicated to St Andrew. It was this monastery that Gregory entered in the year after its foundation and he quickly embraced a particularly austere life. This austerity proved to be too severe for it weakened his health for the rest of his life.

Gregory was not left in monastic peace for long. Pope Benedict I called him out of the monastery to become one of the seven deacons of Rome. The next Pope, Palagius II, appointed Gregory 'Apocrisarius' (Ambassador) to Byzantium. After six years of distinguished service in this role, Gregory returned to Rome to become Abbot of St Andrew's Monastery. Having witnessed the failings of the Empire in the east, Gregory had become convinced that monasticism would be the conduit for Christian evangelization and renewal.

Gregory had hoped to become a missionary himself. He had been particularly struck by the dignity of a group of Anglo-Saxon slaves as he saw them being sold in the Roman market and intended to visit their pagan homeland. This intention would later be vicariously fulfilled. During an outbreak of plague, Gregory was elected Pope. Although he attracted unanimous support in the election, Gregory was reluctant to accept but eventually did so.

Pope Gregory faced many problems from the start of his pontificate. There were the issues caused by plague, famine and floods in Rome itself. There was the impact of a Lombard invasion from the north coupled with political manipulations from Byzantium. Gregory was acutely aware of the need to evangelize the barbarian tribes across Europe and beyond. Pope Gregory side-lined the Imperial Exarch, who was based in Ravenna, in order to establish peace with the Lombards.

With regard to the evangelization of the English, Pope Gregory was the true architect of the effort and St Augustine of Canterbury the instrument. Gregory had opened correspondence with the King of Kent and others. Gregory chose the personnel for the expedition. Augustine displayed reluctance at various stages in the great project and Gregory had to repeatedly encourage him to persevere.

Gregory's writings are extensive. He wrote on the teachings of Augustine of Hippo, Ambrose of Milan and Origen. He wrote extensively on the nature and ministry of the episcopate. His 854 Letters exerted great influence. He developed the Roman Liturgy and personally crafted the advancement of plainsong across the West. Although he died on the 12<sup>th</sup> March 604, the feast was later translated to the 3<sup>rd</sup> September.

## PRAYER OF SORROW / ACT OF CONTRITION

Wash me from my guilt and cleanse me of my sin. I acknowledge my offence; my sin is before me always. Psalm 50:4-5.

Father, I have sinned against you and am not worthy to be called your son. Be merciful to me, a sinner. Luke 15:18; 18:13.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again.

LET US DAILY OPEN OUR HEARTS IN CONTRITION TO ALMIGHTY GOD AND  
REMIND OURSELVES HOW ESSENTIAL IT IS TO GRANT MERCY  
IF WE EVER EXPECT TO RECEIVE MERCY.

## ACTS OF SPIRITUAL COMMUNION

A Prayer by St Alphonsus Liguori.

My Jesus, I believe that You are truly present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

A Prayer by St Thomas More.

Give me, good Lord, a longing to be with You ... give me warmth, delight and quickness in thinking upon You. And give me Your grace to long for Your holy sacraments, and specially to rejoice in the presence of Your blessed Body, Sweet Saviour Christ, in the Holy Sacrament of the Altar.

## THE ANGELUS

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit. Hail Mary, ... .

V. Behold the handmaid of the Lord:

R. Be it done unto me according to your word. Hail Mary, ... .

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary, ... .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ our Lord. Amen.

## EMERGENCE FROM THE PANDEMIC RESTRICTIONS

HAVING CONDUCTED OUR OWN PARTICULAR PARISH RISK ASSESSMENTS, I CAN ANNOUNCE THE FOLLOWING OUTCOMES:

1. PUBLIC ACCESS TO DAILY MASS.
2. REMOVAL OF THE COMPULSORY TWO-METRE DISTANCE RULE: I encourage parishioners to remain alert to the sensitivities of those who wish to maintain some distance.
3. CHANGES TO CLEANSING PROTOCOLS: We will periodically employ the machines for cleansing.
4. MAINTENANCE OF THE REQUIREMENT TO SANITISE HANDS AS YOU ENTER THE CHURCH.
5. MAINTENANCE OF THE REQUIREMENT TO WEAR A FACE MASK.
6. MAINTENANCE OF THE REQUIREMENT TO RECEIVE THE SACRED HOST ON THE HAND.
7. MAINTENANCE OF THE RESTRICTIONS REGARDING DISTRIBUTION OF THE PRECIOUS BLOOD.
8. VIGILANCE REGARDING OUR OWN HEALTH AND OUR DUTY IN HELPING TO PROTECT THE WELL-BEING OF OTHERS: We will all need to employ a degree of spatial awareness and discretion as we take our seats and as we move around the Church, particularly when processing to the Sanctuary to receive Holy Communion. Instructions will be given from the Sanctuary.

## RETURNING TO MASS -‘THE DAY OF THE LORD’

“It is the Eucharist, the celebration of the Mass, that makes the Church; and it is the Church, in the gift of the Holy Spirit, which makes the Eucharist. The Holy Sacrifice of the Mass is the lifeblood of the Church. It requires our active participation and, to be fully celebrated, our physical presence. At this moment, then, we need to have in our sights the need to restore to its rightful centrality in our lives the Sunday Mass, encouraging each to take his or her place once again in the assembly of our brothers and sisters.

We face the task of seeking to nurture the sense of Sunday as ‘a weekly gift from God to his people’, and something we cannot do without; to see Sunday as the soul of the week, as giving light and meaning to all the responsibilities we live out each day; to see the Sunday Eucharist as food for the unique mission with which we have been endowed.”

## REFERENCE FOR CANDIDATES FOR RECONCILIATION AND FIRST HOLY COMMUNION

\*\*\* N.B. THERE WILL BE A MEETINGS FOR ST MARY’S CANDIDATES AND THEIR PARENTS AT ST MARY OF THE ANGELS CHURCH ON TUESDAY 31<sup>ST</sup> AUGUST AT 4.30pm.

\*\*\* N.B. THERE WILL BE A MEETING FOR HOLY FAMILY CANDIDATES AND THEIR PARENTS AT HOLY FAMILY CHURCH ON WEDNESDAY 1<sup>ST</sup> SEPTEMBER AT 4.30pm.

\*\*\* N.B. FIRST CONFESSIONS FOR CANDIDATES FROM ST MARY’S PARISH WILL BE CELEBRATED ON SATURDAY 25<sup>TH</sup> SEPTEMBER – TIMES AND FORMAT TO BE ARRANGED.

\*\*\* N.B. FIRST CONFESSIONS FOR CANDIDATES FROM HOLY FAMILY PARISH WILL BE CELEBRATED ON SATURDAY 2<sup>ND</sup> OCTOBER – TIMES AND FORMAT TO BE ARRANGED.

## THE MAGNIFICAT

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## EXAUDI – A NEW INTERNATIONAL CATHOLIC NEWS AGENCY

I wish to highlight the launch of EXAUDI, a new international Catholic News Agency. It has been created as part of the Church’s effort to promulgate a ‘New Evangelisation’ in the contemporary environment, particularly in response to the influence of atheistic secularism.

EXAUDI will seek to present information, opinion and analysis regarding the mission of the Church worldwide. Please reference the following website: <https://www.exaudi.org>

## FAREWELL TO FR NICHOLAS

After spending the first three years of his priestly ministry in our midst, Fr Nicholas is preparing for his departure from The Priory. On the 1<sup>st</sup> September he will transfer to his new role as Chaplain to Cardiff University. He will soon take up residence in Newman Hall, the student accommodation block established by the Archdiocese in the building that previously housed the Nursery School at Nazareth House, on the junction of Colum Road and North Road.

During the past month, Fr Nicholas has devoted most of his days to the painting and decorating of 62 Park Place, the Chaplaincy House located at the heart of the University's main precinct. Fr Nicholas intends to move to this location after Christmas. We offer him the assurance of our prayers in support of his future ministry in service to the staff and students. We give thanks for his service to our parishes of St Mary of the Angels and Holy Family.

In addition to the most obvious of his parish duties, two years ago Fr Nicholas was appointed as Director of Vocations for the Archdiocese. He has also served as a member of the N.H.S. Chaplaincy team. This has involved him being on 24-Hour pager duty for one or two days each week. Most weeks there would be a call from one of the hospitals, often in the middle of the night, that would involve the anointing of the sick. During the worst of the COVID pandemic, he had to wear full protective equipment as he attended to the dying who were in the Intensive Care / High Dependency Units.

Fr Nicholas is methodical in all his undertakings and he contributed enormously to the processes that enabled us to function so effectively as we re-opened our two churches following lockdown. I will miss his computer skills and his many other practical abilities. I will miss his companionship, as will Smokey - the Priory Cat.

Fr Nicholas first shared the house with Fr John and Fr Andy for one year before my arrival in 2019. His departure marks a significant moment for our two parishes as we reduce to just one priest in residence. I know that Fr Nicholas will be both diligent and creative in his spiritual and pastoral work. He has always cherished a clear understanding of his priestly identity and has embraced his duties and responsibilities with a joyful and willing heart. Sustained by the grace of his ordination and supported by our prayers may his future ministry continue to flourish in the days to come.

N.B. A FAREWELL GIFT WILL BE PRESENTED TO FR NICHOLAS  
AT THE END OF THE 10.00.AM SUNDAY MASS.  
MY THANKS TO ALL WHO CONTRIBUTED TO THE COLLECTION.

## MEETINGS OF OUR PARISH COUNCILS

I will be meeting with Keith Sims, Chair of St Mary's Parish Advisory Council, in the coming days, with a view to arranging a meeting of the St Mary's Council as soon as possible.

There will be a combined meeting of the Holy Family Parish Advisory Council and the Finance Committee on Tuesday 7<sup>th</sup> September at 6.30pm.

## VOLUNTEERS NEEDED

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\*\*\* Two Volunteer Administrative Assistants:

N.B. I AM MOST GRATEFUL TO KATHRYN ELLEY AND ELLERY HENNESSY FOR THEIR WILLINGNESS TO OFFER ADMINISTRATIVE ASSISTANCE. I WOULD STILL WELCOME OTHERS WHO MIGHT BE ABLE TO ASSIST.

\*\*\* Volunteer(s) to Administer the Piety Stall at St Mary's:

The task would involve opening a stall for access to parishioners before and after 10.00.am Sunday Mass. It would involve ordering stock from our established wholesale suppliers in anticipation of needs – according to liturgical seasons, feasts and sacramental programmes etc. Can you help?

\*\*\* Volunteer to Administer the Parish Website:

N.B. I AM MOST GRATEFUL TO BRIAN TAKAEDZA MUVIRIMI FOR HIS WILLINGNESS TO ASSIST WITH THIS PROJECT.

\*\*\* Parish Safeguarding Representatives (P.S.R.).

N.B. I AM MOST GRATEFUL TO AMY HEWETT AND ALEX KYDD FOR THEIR WILLINGNESS TO JOIN OUR PARISH SAFEGUARDING TEAM.

\*\*\* Volunteer to Administer the Parish Safety Toolbox at St Mary's.

N.B. I AM MOST GRATEFUL TO AMY HEWETT FOR HER WILLINGNESS TO JOIN KEITH SIMS IN ATTENDING TO THIS PROJECT.

## THE TOKYO PARALYMPICS



Having just recovered from the Olympics we now embrace the Paralympics. As we marvel at the sportsmen and sportswomen who will push themselves to the limit, in search of a personal best if not a medal, let us attend to our health and wellbeing by walking a little further or running a little faster.

## REFERENCE FOR CONFIRMATION CANDIDATES

\*\*\* N.B. THE NEXT MEETING FOR OUR CONFIRMATION CANDIDATES IS SCHEDULED FOR WEDNESDAY 8<sup>TH</sup> SEPTEMBER, FROM 6.30.pm TO 8.00.pm, IN ST MARY OF THE ANGELS.

\*\*\* N.B. THE CELEBRATION OF THE SACRAMENT OF CONFIRMATION WILL TAKE PLACE ON SATURDAY 30<sup>TH</sup> OCTOBER AT 2.00.pm.

## THE RITE OF CONFIRMATION

### A homily for the celebration of the Sacrament of Confirmation

The Apostles, who had received the Holy Spirit on the day of Pentecost in fulfilment of the Lord's promise, had power to complete the work of Baptism by the giving of the Holy Spirit, as we read in the Acts of the Apostles. When St Paul had laid his hands on certain people who had been baptized, the Holy Spirit came upon them, and they spoke in tongues and prophesied.

The Bishops, as successors of the Apostles, possess the same power and, either in their own right or through Priests lawfully appointed to fulfil this ministry, they confer the Holy Spirit on those who have already been born again in Baptism.

Even if today the coming of the Holy Spirit is no longer widely made manifest by the gift of tongues, we know by faith that the Spirit, through whom the love of God has been poured into our hearts and through whom we are gathered in unity of faith and in diversity of callings, is received by us and is working invisibly to make the Church holy and one.

Dearly beloved candidates, the gift of the Holy Spirit, which you are about to receive, will be a spiritual seal, by which you will be conformed to Christ and will be made more fully members of the Church. For Christ himself, anointed by the Holy Spirit in the baptism he received from John the Baptist, was sent forth for the work of his ministry, to pour out on the earth the fire of the same Spirit.

Therefore, you who are already baptized will now receive the power of his Spirit and be signed with the cross on your foreheads. And so, you must always bear witness to his Passion and Resurrection before the world, so that your manner of life, as the Apostle says, may be in every place the pleasing fragrance of Christ. His Mystical Body, which is the Church, the People of God, receives from him diverse graces, which the same Holy Spirit distributes to individuals for the building up of that Body in unity and love.

Be living members of this Church, therefore, and, under the guidance of the Holy Spirit, seek to serve all people like Christ, who came not to be served but to serve. And now, before you receive the Spirit, call to mind the faith which you professed in Baptism or which your parents and godparents professed with the Church.

### The Renewal of Baptismal Promises

Do you renounce Satan, and all his empty promises? I DO.

Do you believe in God, the Father almighty, Creator of heaven and earth? I DO.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, suffered death and was buried, rose again from the dead and is seated at the right hand of the Father? I DO.

Do you believe in the Holy Spirit, the Lord, the giver of life, who today through the Sacrament of Confirmation is given to you in a special way just as he was given to the Apostles on the day of Pentecost? I DO.

Do you believe in the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I DO.

This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord.

AMEN.

### The Laying On of Hands

Dearly beloved, let us pray to God the almighty Father, for these, his adopted sons and daughters, already born again to eternal life in Baptism, that he will graciously pour out the Holy Spirit upon them to confirm them with abundant gifts, and through his anointing conform them more fully to Christ, the Son of God.

### The Bishop then lays hands on the head of each Candidate

Almighty God, Father of our Lord Jesus Christ, who brought these your servants to new birth by water and the Holy Spirit, freeing them from sin: send upon them, O Lord, the Holy Spirit, the Paraclete; give them the spirit of wisdom and understanding, the spirit of counsel and fortitude, the spirit of knowledge and piety; fill them with the spirit of the fear of the Lord.

Through Christ our Lord. Amen.

### The Anointing with Chrism

The Bishop inscribes the Sign of the Cross with Sacred Chrism on the forehead of each candidate as he says:

(Using the chosen Confirmation name of each Candidate) N., BE SEALED WITH THE GIFT OF THE HOLY SPIRIT.

The Candidate replies: AMEN.

The Bishop adds: PEACE BE WITH YOU.

The Candidate replies: AND WITH YOUR SPIRIT.

## FINANCE & PROPERTY

Parish Offertory Collection at St Mary's:  
1st August - Gift aid £43.73 Loose £452.71

St Mary's Standing Orders per week amount to £ 600.00 of which 90% is gift aided.

Parish Offertory Collection at Holy Family:  
1st August - Gift aid £129 Loose £152.70

Holy Family Standing Orders per week amount to £ 250.00 of which 95% is gift aided.

### WHY NOT GIFT-AID ALL YOUR PARISH DONATIONS?

These are still unusual times and fewer than 50% of parishioners are currently attending Mass regularly. A large number of parishioners who use the gift aid envelopes are still absent, for a variety of reasons, and this explains to some extent the low proportion of gift aid donations in the weekly cash collections.

If you are a taxpayer, I would encourage you to consider joining the gift aid scheme, which gives a gain of 25% on all your parish contributions. Our current diminished income covers costs but no more so that in both parishes there has been no deposit gain to cover the inevitable backlog of repairs and ongoing capital expenditure. In September, I intend to provide an exact breakdown of the financial situation alongside a projection of essential works and other outgoings over the coming year.

## STRATEGIC FINANCIAL PLAN FOR BOTH PARISHES

I have appointed John Antoniazzi as my advisor in structuring a Strategic Financial Plan for our parishes. John is a parishioner of St Mary of the Angels though he lives in Llandaff and serves as a Trustee of the Archdiocese. He chairs the Archdiocesan Investment Committee. He is a retired senior partner of Deloitte. I am very grateful to John for his willingness to offer his professional expertise.

## NEW ELECTRONIC DONATION STATION AT ST MARY OF THE ANGELS

Our new electronic donation station is now operational at St Mary of the Angels. It is currently located within the entrance porch. The display screen offers clear instructions for use. You can make a donation securely either by the contactless method or by inserting your card and using your PIN.

Our live-streaming facility is now available again on the website. If the problem should arise again, please be aware that you can also access the service via the following link: <https://mcnmedia.tv/Camera/st-mary-of-the-angels>

## FROM DEACON MAURICE – APPEAL FOR REACHING OUT

As you may be aware we have obtained funding from the SVP (London - £50k) and the Welsh Government (£25k) to refurbish the former St Clare's Church on Mill Road in Ely as a Vincentian Community Centre to provide help to those in need in our communities. This will form an important link between the SVP groups and all our volunteers in St Mary's, Holy Family and St Francis Parishes. The work is due to start in the next week or so and the projected time scale to completion is around 4 – 5 months. Our food distribution/food bank programme, which forms part of our 'Reaching Out' service, will move from Holy Family parish hall to this new community centre when refurbishment is complete and in addition we plan to open a charity shop for good quality clothing, a café/meeting room and facilities for counselling/support. This is an exciting and important development and we will need volunteers to help bring it to fruition. So please, please let me know if you would be willing/able to give a few hours of your time to take this important and exciting charitable project forward, remembering that more hands make light work. ([mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or 07747038274).



Our food distribution work continues really well, so many thanks to all who have made donations so far and to all our volunteers who are enabling us to provide food boxes to 60-70 families on a weekly basis across Ely, Caerau, Canton, Fairwater and Pontcanna. We need ongoing funding of around £500 monthly so please continue to help if you can with money or food donations or both. Perhaps you may be able to make a regular weekly or monthly donation of £5, £10 or £20 - or more or less, by Standing Order? If you are willing and able to contribute with a one-off donation or on a more regular basis please contact me on 07747038274 or email: [mfscanlon@hotmail.co.uk](mailto:mfscanlon@hotmail.co.uk) or Neil O'Toole on 07860647367 or email: [neilgot@me.com](mailto:neilgot@me.com) Thanks for your ongoing generosity in these troubled but improving times. God bless you all and keep safe and patient for just a little longer (hopefully).

## BANK DETAILS FOR STANDING ORDERS

Bank details for standing orders, which are directly linked to the respective parish accounts are as follows:

**Account name: Archdiocese of Cardiff**

**Sort code: 20-18-23 (for both)**

**St Mary's Acc No: 03285375**

**Holy Family Acc No: 63656861**

## DEFIBRILLATOR TRAINING

We are still awaiting training dates for using the defibrillator. Please remember that you can put your name down for training whether you are a parishioner of Holy Family or St Mary's. Contact [canton@rcadc.org](mailto:canton@rcadc.org).

